



# AFNORTH INTERNATIONAL SCHOOL

## British Section

www.afnorth-is.com Twitter: @AFNORTH\_IS www.facebook.com/AFNORTHSchool

**British.office@afnorth-is.com**

**14th May 2021**



Dear Parents,

Our week started at Assembly with our focus on Heroes and as it was International Nurses Day we learned about Florence Nightingale, Mary Seacole and Louisa Jordan. Mrs Donlin helped us to reflect on the skills and qualities which nurses must have to help them in their important work. The children drew pictures and wrote messages to say Thank You to our school nurses.

Mrs Hutchinson, our SGC member championing Early Years, visited on Tuesday morning to gain a greater insight into the programme and provision at AFNORTH from Mrs Rowles.

On Thursday, staff were involved in Professional Development activities reviewing our vision and curriculum offer for developing pupils as readers. As part of this we have started to look at updating our reading resources to create a core structure of quality texts across the school.

**UK Families:** The 'Big Ask' survey is a national survey for Dame de Souza, Children's Commissioner for England to 'tackle some of the generational problems that have held back too many children for decades'. The 'Big Ask' survey is for all children aged from 4 - 17 years. In this survey the Children's Commissioner is asking children what they think is important for their future and what is holding them back. The results are to show the Government what children think and what they need to live happier lives. The survey runs until 28th May. The survey is completely anonymous and does not ask children to submit any directly identifiable information. More details are available here; [The Big Ask](#)

Have a lovely weekend Happy Birthday to Sylvia



Cezar, Elodie, Sam M, Katie Y6, Cillian, Finn, Ada, Fabiola, Dylan, Dominic, Martin, Georgie, Kaja, Katie Y3, Archie, Alessandro Y4, Evie

### DATES TO REMEMBER

#### May

- 20 @1700 PTO Meeting  
24 **SCHOOL CLOSED**  
31 Library Books Due

#### June

- 18 Last Day of SCHOOL

**Nurse's Appreciation Day**

**May 12th**



Thank you Nurse Becky and Nurse Jen for all you do every day to help us at school.

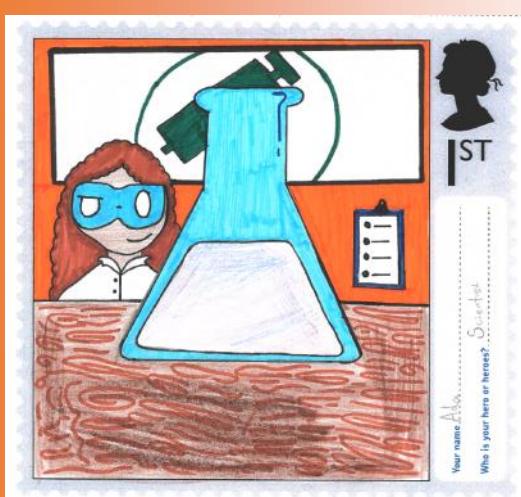
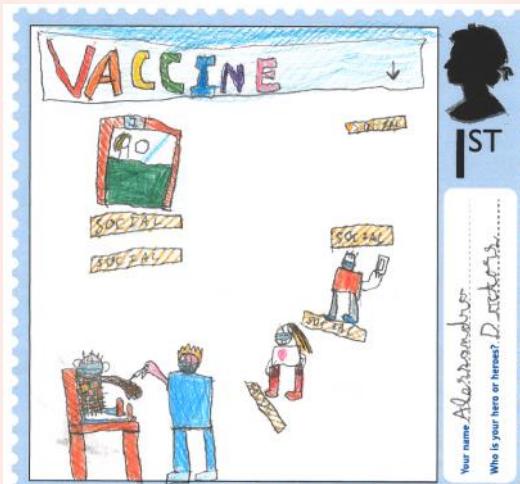
#### **Are you leaving?**

Please email [british.office@afnorth-is.com](mailto:british.office@afnorth-is.com) if you do not expect your child/children to return to school in August.



# A selection of our entries to the Royal Mail Stamp Competition

## Good Luck to everyone!



# Sunbeams



This week we learned about how bees are in danger from loss of habitats and Sunbeams wanted to help the bees.

The children said we should grow lots of flowers and also make a beehive. After watching all about the job a bee keeper does, we decided instead to build a log hotel in our garden. We have been busy planting bee-friendly flowers, rolling paper, fixing it and filling containers. Some children painted it blue because we found out that bees like the colour. Abi drew a picture on hers of a bee and a flower to encourage bees to use it and it must be working because we have seen some insects using our hotel!

It has sparked a lot of questions about bees we want to find answers too. Evie took her question and researched it at home, drawing a diagram to show us what she had learned.



# Extended Day Care



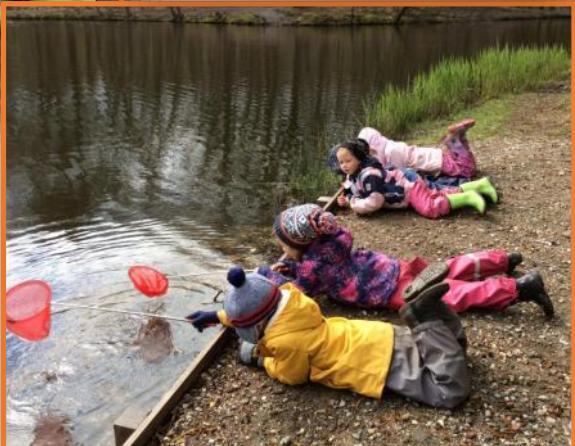
We love to play outside. This week we had fun improving our balance, coordination, teamwork and turn taking skills.



# Reception



Reception Class went on a big adventure last week! The children have been studying habitats, wildlife and map-making so we went to the Heide at the back of school to put our skills and knowledge into practice. We mapped our route, climbed the sandy cliff, set up camp and found a fallen tree to scramble on. Then it was off to the lake to catch some tadpoles. The children just loved exploring different habitats and were on their best behaviour when talking to walkers, dogs and cyclists.



# Year 1

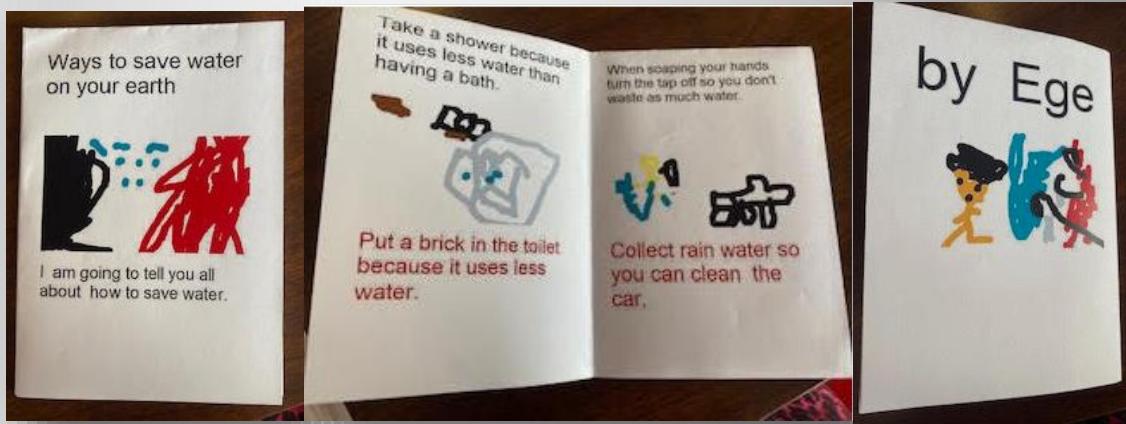


Year 1 have LOVED their day on the new playground. We spent the entire day outside. The children packed the lunch trolley with their coats, snacks and water bottles and we headed outside for lots of fun! We have learnt to play new games and had such a great time exploring all the new equipment. We had a number card hunt to find all the numbers from 0 to 100 and then work as a team to put them in order. We also hid all of our tricky words around the climbing frame. The children worked in teams to find them all and build silly sentences!

We had a wonderful picnic at lunch time and finished the day with PE outside too. Everyone will sleep well after today!

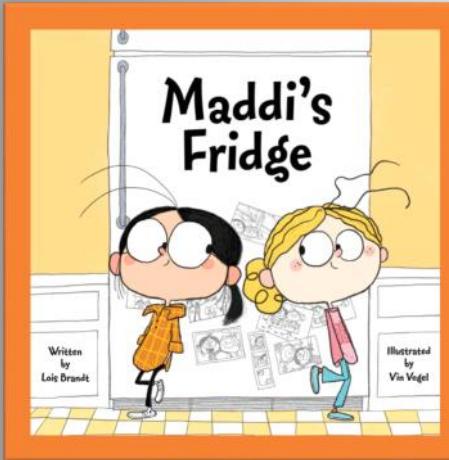


# Year 2



This week we have been learning from a book called Maddi's fridge. We have been beginning to learn about world hunger and what this means to many people in our world.

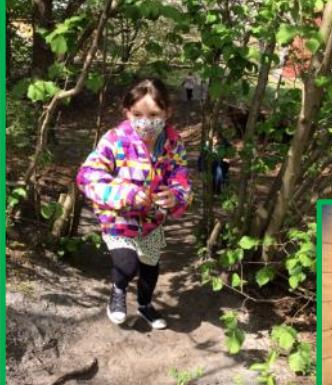
We have been learning to tell the time which is a very tricky thing to learn.  
We are still practising hard.



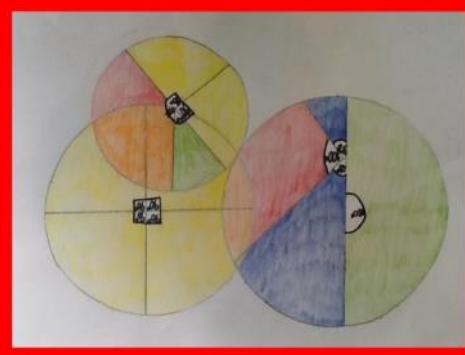
# Year 3



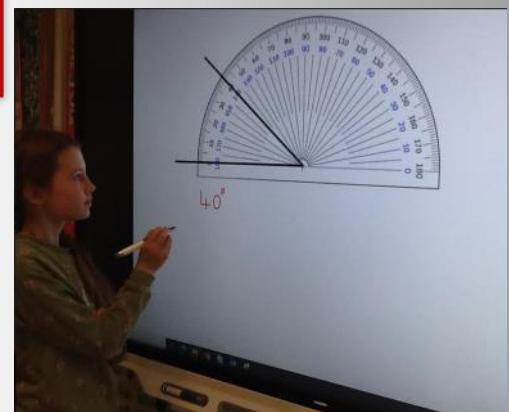
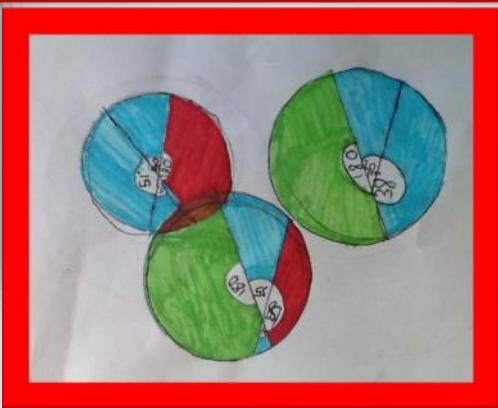
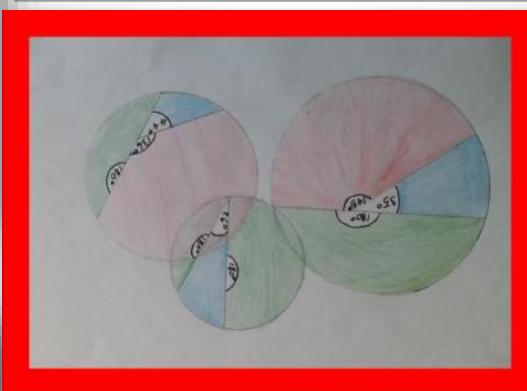
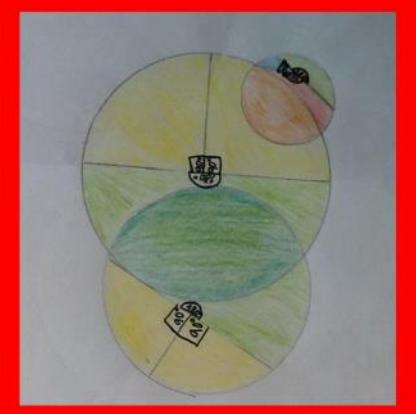
This week we had a great time in Forest School using team work skills. We used our 6Cs to fill cylinders with water from a bucket located in another section of the forest. Every group had a sponge, pipet and another item to help them get water. Miss Forrest asked one of us what other tool we would like to use...we said a bucket. She gave us all 'yellow' ones. You can spot them in the picture if you look really hard. Later on we were given some cups to help us move the water, but we weren't allowed to touch the cup with our hands. We found lots of different ways to make the water rise in our cylinders.



# Year 4/5



Year 4/5 have been investigating angles as part of their geometry learning. We started by identifying right angles, acute angles and obtuse angles. We were then introduced to a protractor and learned how to measure angles with this measuring tool. It was quite tricky at first with lots of lines to match up. We persevered and all improved with practice!



# Year 5/6

Afnorth continues to try to deliver a broad and balanced curriculum to our wonderful pupils.

Mr Cecil, our Art teacher, decided to bring the art museum to his class- in the form of his own amazing paintings.

He taught the children about museum protocol and how to appreciate and look at art with a critical eye. We were wholly impressed by his talent! How lucky we are to have him as our art teacher!



# Bucket Fillers



# AIS Lions Library Bookmark



## A Peek at May

As the school year is winding down, I need your help in returning all AFNORTH ES library materials to the school. All library materials are due by Monday, May 31. I will be sending email notices on May 10 and May 24 to inform you of the materials that your child needs to return. If you have any questions about your child's library account, please feel free to contact me. Still wanting a book after May 31? As always, you can find your next great read using Destiny Discover and/or MackinVIA. Please visit my [website](#) to learn more! This month's featured books include the topics of Asian American, Pacific Islander and Jewish American Heritages, Memorial Day, inventors, and more! Happy Reading!

## Library Events

May: Battle of the Books Club (3rd-5th Grades Only).

May 3-9: Children's Book Week  
[Read, Dream, Share, & Other Fun Stuff](#)

**May 31: Library books are due!**

## Featured Resource MackinVIA

Our school has access to over 5,000 eBooks and audiobooks. All of these titles can be found on MackinVIA's Home Page. Go to <http://www.mackinvia.com> & look for a "Featured Group" that meets your child's needs and/or interests. Click [here](#) to watch a video on MackinVIA and how to access our featured groups.

## Library Links

- ★ AFNORTH Lions Library  
<https://sites.google.com/student.dodea.edu/lionslibrary/>

# School Governance Committee (SGC)

## Can you help? Our SGC Is Seeking New Members

The SGC plays an important role in our school ensuring good outcomes for pupils.

Members work closely with the School Team in supporting priorities for improvement, ensuring accountability and monitoring and evaluating school performance. The key purpose of the SGC is to act in the best interests of **all** pupils in the British Section.

Whether monitoring budgets or agreeing policy, the focus should be:

**“What difference will this make to the pupils in the British Section”**

The committee comprises of voluntary members who meet, at least, once every term as a group with additional visits in school to support their roles. Members bring many competencies and skills to the group. Some of these stem from education such as knowledge and understanding of curriculum, pupil progress and special needs. Business skills are also of value e.g. financial management, organisational change management, legal, human resources, equal opportunities, Health and Safety, ICT.

### Committee Members

Col Matthew Shaw Chair

Peter Brown

Jenny Brown

Nicola Hutchinson

CPO Gary Pearce

Philip Perry

Lt Col Garry Pinchen

Sqn Ldr Michael Roberts

Maj Maarten Magee

Sheena Macleod

WO2 Natalie Mansfield

Flg Off James Sumpter

WO2 Chris Sweeney

If you are interested in being considered to be a member of the SGC Committee please contact Col Matthew Shaw or Miss Macleod to express your interest along with a brief summary of how you can support the school

[Matthew.shaw@jfcbs.nato.int](mailto:Matthew.shaw@jfcbs.nato.int)

[Sheena.macleod@afnorth-is.com](mailto:Sheena.macleod@afnorth-is.com)

Thank you

# What's for Lunch?



**Week Menu 3 17-5 tm 21-5-2021**

MONDAY	
Korean rice with springroll	(veggie)
Korean rice	(veggie)
Springroll	
Atjar salad	
Hotsauce	

TUESDAY	
Macaroni with tomato&zucchini sauce	(veggie)
Carbonara sauce	(pork)
Macaroni with basil	
Rocketsalad	

WEDNESDAY	
Soyasnack , macedoinedish & breadroll	(veggie)
Chickenfillet in Stroganoff sauce	(chicken)
Macedoine vegetables dish	
Mini breadroll	



**THURSDAY**

Soyaragout , mashed patatoes & beans	(veggie)
Chicken curryragout & pastry	(chicken)
Mashed patatoes	
Beans	

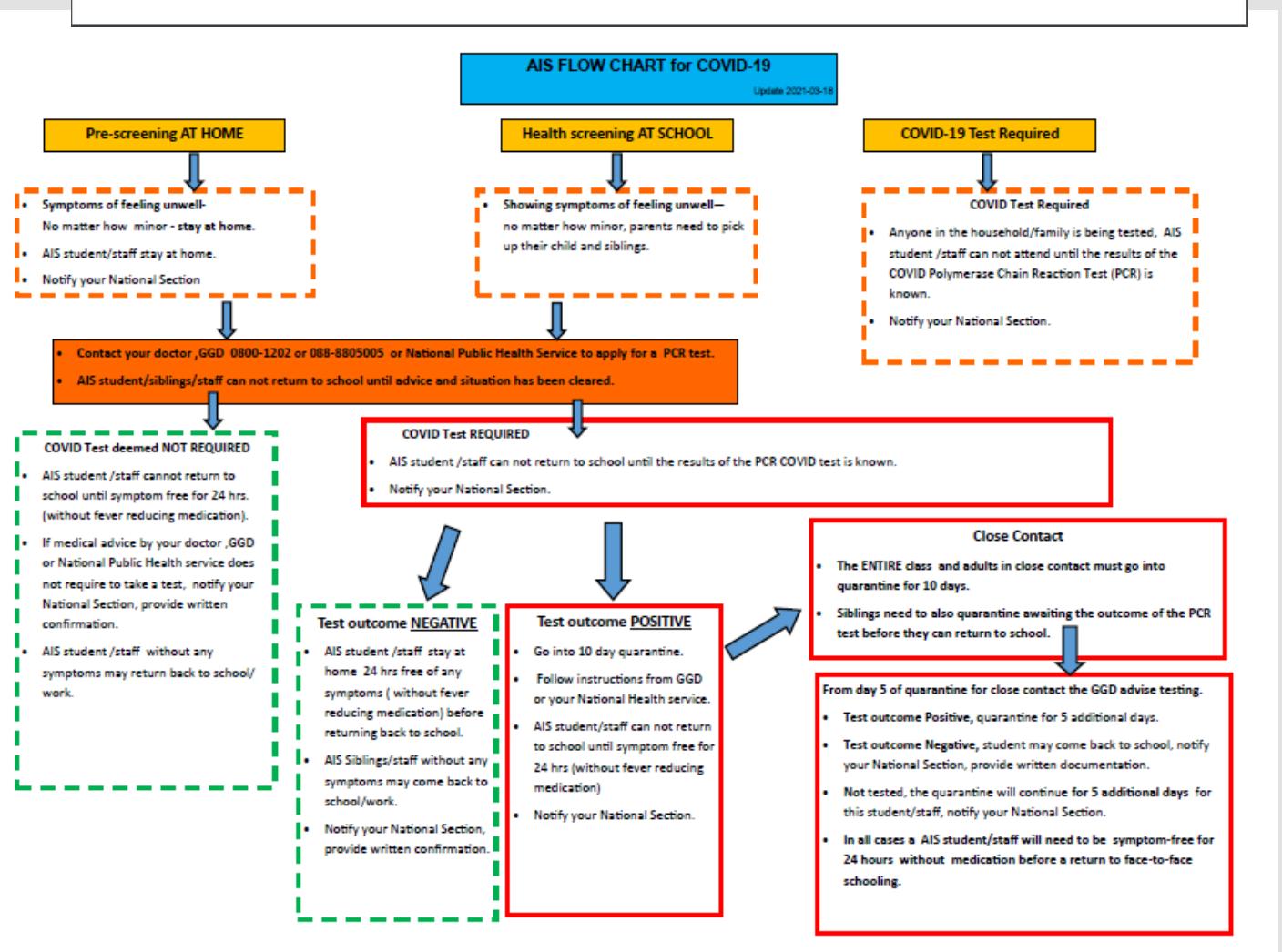
  

**FRIDAY**

Veggieburger ,fries, carrots	(veggie)
Fishfilet with sauce	(fish)
Fries	
Mushy peas	

LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.



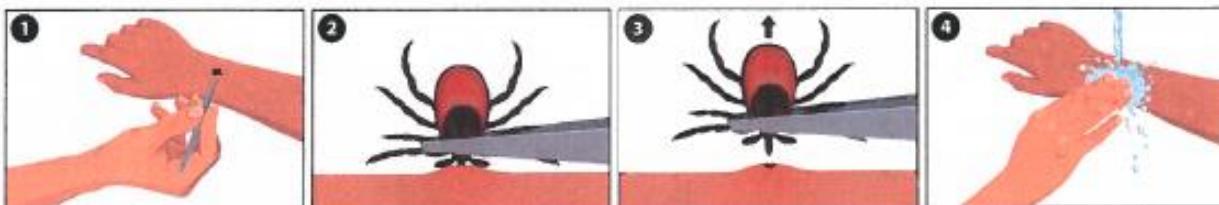



# Tick Bite: What to Do

Ticks bites can make people sick. Below are some steps that you can take after a tick bite to reduce your chances of getting sick and how to get treatment promptly if you do get sick.

## Remove the tick as soon as possible

1. Use fine-tipped tweezers to grasp the tick as close to the skin as you can.
2. Pull upward with steady, even pressure. Don't twist or jerk the tick.
3. After removing the tick, clean the bite area and your hands with rubbing alcohol or soap and water.
4. Dispose of the tick by flushing it down the toilet. If you would like to bring the tick to your healthcare provider for identification, put it in rubbing alcohol or place it in a sealed bag/container.



## Consider calling your healthcare provider

In general, CDC does not recommend taking antibiotics after tick bites to prevent tickborne diseases. However, in certain circumstances, a single dose of doxycycline after a tick bite may lower your risk of Lyme disease. Consider talking to your healthcare provider if you live in an area where Lyme disease is common.

## Watch for symptoms for 30 days

Call your healthcare provider if you get any of the following:

- |           |                           |
|-----------|---------------------------|
| • Rash    | • Headache                |
| • Fever   | • Muscle pain             |
| • Fatigue | • Joint swelling and pain |

Treatment for tickborne diseases should be based on symptoms, history of exposure to ticks, and in some cases, blood test results. Most tickborne diseases can be treated with a short course of antibiotics.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

## Common questions after a tick bite

### Should I get my tick tested for germs?

Some companies offer to test ticks for specific germs. CDC strongly discourages using results from these tests when deciding whether to use antibiotics after a tick bite.

- Results may not be reliable. Laboratories that test ticks are not required to meet the same quality standards as laboratories used by clinics or hospitals for patient care.
- Positive results can be misleading. Even if a tick contains a germ, it does not mean that you have been infected by that germ.
- Negative results can also be misleading. You might have been bitten unknowingly by a different infected tick.

### Can I get sick from a tick that is crawling on me but has not yet attached?

Ticks must bite you to spread their germs. Once they attach to you, they will feed on your blood and can spread germs. A tick that is crawling on you but not attached could not have spread germs. However, if you have found a tick crawling on you, it's a sign there may be others: do a careful tick check.

### How long does a tick need to be attached before it can spread infection?

Depending on the type of tick and germ, a tick needs to be attached to you for different amounts of time (minutes to days) to infect you with that germ.

Your risk for Lyme disease is very low if a tick has been attached for fewer than 36 hours. Check for ticks daily and remove them as soon as possible.

