

Our Vision for PE

Our vision is for all children to experience physical education, school sport and physical activity leading to life-long participation.

We recognise the benefits quality provision can give to all pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. It also contributes to the development of a range of important cognitive skills such as decision-making and analysis, and social skills such as teamwork and communication.

Learning and experience is inclusive to ensure that learners of all abilities access the range of activities on offer. Developing our programme of intra and inter school competitions, will provide greater opportunities for learners to participate in competitive activities.

PE



National Curriculum Physical Education

Sustainable Goals

Deep Learning

Citizenship, Character

Communication. Collaboration

Creativity, Critical Thinking

Opportunities to Celebrate PE

Terry Fox Run

Annual Sports Day

Forest School

School Trips

Orienteering in the Brunsummerheide

Swimming at JFC HQ Brunssum

Year 6 residential in Arnhem - cycling programme.

Competitions with international peers

After School Clubs

What does PE look like at AFNORTH

All children participate in a programme of weekly PE lessons including swimming (KS2) and Forest School. A Specialist Sports teacher works with children from Yr2 -Yr6 classes teaching a range of specific sporting skills.

Children in Early Years and Yr1 focus on developing gross and fine motor skills through key fundamental movement skills. Learners apply skills in a fun and active context, developing knowledge of simple tactics in game type activities.

In KS2 learners develop coordination and skills through a range of different sports and activities. All the skills are applied through relevant core tasks and game-based activities linked to age expectations. Children learn dance performance and sequencing to a range of music. Swimming for KS2 develops competence and confidence in a range of strokes and styles. Safe self-rescue techniques within the water are also learnt.

Every year, all children participate in sports day. The emphasis is on enjoyment, participation and team building, with elements of competitiveness. All children utilise our Forest School setting and Brunsummerheide for outdoor adventurous activities, map reading and team building.

What do our children think?

PE is the best Special. We do lots of different sports. We run and play games - it is good for you! Yr4

I love Forest School, we get to solve obstacle problems Yr3

I can jump off a diving board at the swimming pool. I can swim. I can do anything! Yr5

Our dance performance was great. I loved working with my group and performing to others. Y6