



# AFNORTH INTERNATIONAL SCHOOL

## British Section

www.afnorth-is.com Twitter: @AFNORTH\_IS www.facebook.com/AFNORTHSchool

British.office@afnorth-is.com

7 October 2022

### END OF THE DAY CHANGES

If you are making changes to your child's routine e.g. Parent Pick Up rather than the bus we request that these changes are sent via email to:

TO: british.office@afnorth-is.com

CC: class teacher

CC: firstname.lastname@afnorth-is.com (teacher)

These changes should be made before 1000

### DATES TO NOTE

#### October

- 11 Pretzel Sale
- 12 BOOK SALE
- 12 Parent Meeting: Building Resilience and Making Sense of Mental Health
- 12 Year 2 & 3 Parent Lunch
- 17-21 SCHOOL CLOSED**
- 24-28 Red Ribbon Week
- 28 Book Character Parade

Dear Parents,

A huge thank you to staff and parent volunteers who are giving their time to offer the children the opportunity to once again be able to participate in an after-school club. Special thanks to Emily for the hours she spent organising the programme. Her reward was definitely seeing just how excited the children were on Monday and Tuesday even before they arrived at their club! We will feature the clubs in next week's news.

#### **Parent Meeting: Building Resilience and Making Sense of Mental Health**

Dr Philippa Grace, Senior Educational Psychologist will be running a parent meeting next Wednesday 12/10/2022. The session will run in the morning from 9.00-10.30 and again in the evening from 17.30-19.00. There is no need to book but if you do hope to come it would be helpful if you could let us know if you plan to attend by dropping us an email to

[British.office@afnorth-is.com](mailto:British.office@afnorth-is.com) During the meeting she will run some activities which help children and families to talk about how it feels and what might help to 'get through tough times.' The session involves activities including building a living brain and packing a 'resilience rucksack', as well as discussion and opportunities for questions and answers at the end of the presentation.

**Class Parent Reps** met this week and provided positive feedback about the Whatsapp groups. We are now looking at organising an informal meet up at school for parents in each class after the break.

**Lost and Found** Oh my goodness we have only been at school a matter of weeks and already the Lost and Found Boxes were overflowing. All items are now displayed in the cafeteria and we will encourage the children to have a good look for any items belonging to them. However sometimes their look is not quite as productive as Mum or Dads so you may wish to pop in at the end of the school day to have a parent look!

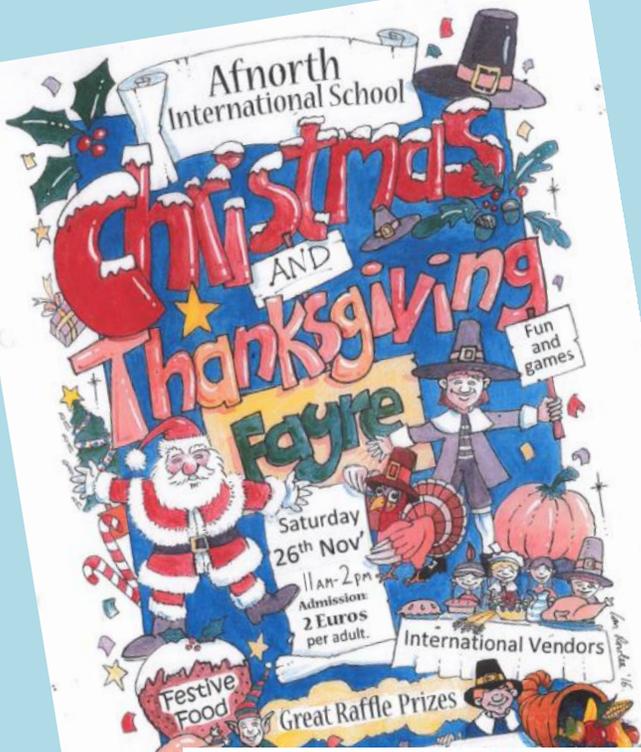


*Have a lovely weekend*

Bucket Fillers



Alberto, Rosie, Joseph, Jekope, Martin, Mete, Stepan, Oscar, Luka, Fernando, Alena, Joris, Ilgar, Sebastien, Indi, Finlay



## **Christmas/Thanksgiving Fayre** 26<sup>th</sup> November 1100-1400

### **Can you help?**

#### **Secret room**

Always a favourite with the children, the Secret Room provides an opportunity for the children to choose, purchase and wrap gifts for their parents. For this, we need donations of small gifts for men and women such as candles, ornaments, toiletries etc etc.(no razors)

#### **Tombola**

We are looking for donations for the Tombola - this can include unopened tins, bottles, jars etc but is not restricted to foodstuffs – all we ask is that the items donated are unused and in date.

#### **Toy shop**

Have you been having a clear out of toys your child no longer plays with? We also welcome donations for the 'Toy Shop' this can include soft toys or games which are clean and in good condition.

#### **Cafe**

We will also have a Cafe again this year and would be very grateful for any delicious treats you would be willing to donate-cakes, sponges, tray bakes, loaf cakes, cup-cakes etc. etc.

**ALL DONATIONS MUST BE NUT/PEANUT FREE**

**THE SUCCESS OF THE DAY Relies TOTALLY ON  
YOUR SUPPORT & GOODWILL**

If you would like to make any contributions, then please send them directly to the British Office by 23rd November. Any items for the Cake Stall can be brought to the Office on the 25th November or on the morning of the Fayre.

**THANK YOU**

**RED**  
RIBBON  
WEEK

"RED"Y To Celebrate My Life!  
Wear Red

Monday  
OCT  
24

Tuesday  
OCT  
25

Follow Your Dreams!  
Wear Pyjamas

Wednesday  
OCT  
26

Stay In The Game – Don't Give Up!  
Wear Sports/Team Apparel

Thursday  
OCT  
27

Be A Friend, Not A Foe! – We Are All Lions  
Wear AFNORTH Spirit Gear/School Colours

Friday  
OCT  
28

Show Your Good Character!  
Dress as your favourite story book character

**RED RIBBON WEEK**  
Celebrate a Healthy Life

# Lions Library Storybook Pumpkin Patch

October 24 - November 4

YOU'RE INVITED TO CREATE A STORYBOOK PUMPKIN FOR  
OUR LIONS LIBRARY PUMPKIN PATCH.



How to Participate:

1. Choose a character from your favorite book
2. Use paint and craft supplies to turn a pumpkin\* into your favorite book character
3. Deliver your "Storybook Pumpkin" to the library the week of Oct. 24 - 28.

\*Please, do not carve the pumpkin! It will rot faster!

A little imagination, some craft supplies, and a pumpkin are  
all you need to join the fun!

Parents are invited to stop by the library during conferences  
(Nov. 2-4) to view our Storybook Pumpkin Patch!

Please contact Ms. Lacey Boggs-Elliott at  
[lacey.boggs-elliott@student.dodea.edu](mailto:lacey.boggs-elliott@student.dodea.edu)  
for more information.

## AFNORTH CHEERLEADER FOR A DAY

5 November 2022

1300-1700

Location: AFNorth Gym 3

Signups are open to grades K - 8

Cost: 35 € or \$35

Attendees will receive a t-shirt, bow, a snack and a craft.

SEND IN YOUR PAYMENT TO RESERVE YOUR SPOT/SHIRT/BOW

Registration is OPEN NOW!!!

Registration closes 28 October 2022 at 1700

\*\*\*To register send email to [afnorthvarsitycheer@gmail.com](mailto:afnorthvarsitycheer@gmail.com)

\*\*\*PLEASE SEND YOUR CHILD'S NAME, GRADE & REQUESTED SHIRT SIZE\*\*\*

# SPORTS- Handball



Following a review of our PE Curriculum Offer we have increased the opportunities for Physical Education. Children in KS2 will be scheduled for two PE lessons per week. When swimming is available this will be one of their sessions. As we are still waiting for access to the pool the children are having an additional PE class.

This week, Years 3-6 developed their progressive skills of coordination and movement. Developing cooperative and competitive opportunities, the children used strength, agility and balance to practice and then play a game of Handball. They will be perfecting these skills over the next few weeks.



# Sunbeams

Play forms the building blocks of learning within Sunbeams and forms a huge part of our daily practice. Through play we experience new ideas, share language and precious time with friends, develop our understanding of things we have seen and make sense of the world. Our children have explored play this week in many small world contexts from airports to train stations, treasure hunting, sailing off on an ocean adventure, animal tea parties to wearing funny hats with friends for a day at the 'factory'!



# Reception

We have been making the most of the sunshine to learn outdoors. See if you can spot handwriting, colour mixing, capacity and counting, nature identification, learning about growth of plants, drama and writing. All part of our early years curriculum.

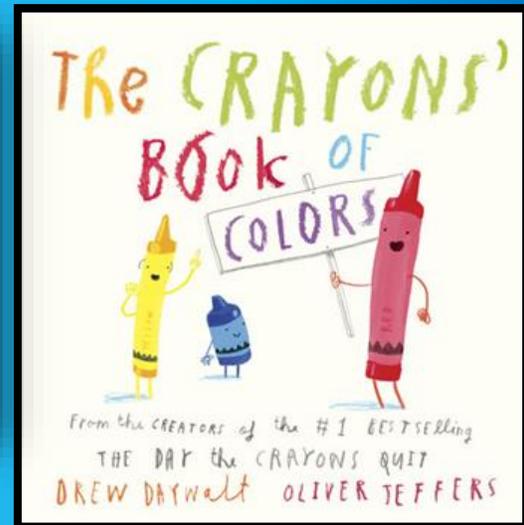


# Year 1

This week we have been colour detectives. In Art we looked at primary colours in the classroom and around the school. We looked at why colours are important and thought about why traffic lights use green, amber and red and why sports teams have different colour tops. Thinking about our favourite colours, we drew and painted where we might see them in our sketch books.

We have been using a great book this week to help with our writing. Practicing retelling the story with the help of our story map has allowed us to think about different new sentences that might fit into the book. Can you retell the story using our story map? We love the idea of a crazy purple dinosaur and a big brown dog with big black flea! We painted and cut out the characters from the book ready to use when we perform the story to Miss Macleod. Today we have started to write our own descriptive versions of the story. We thought of ideas like 'a big brown camel with itchy ears' and 'an orange fox with a yellow box'.

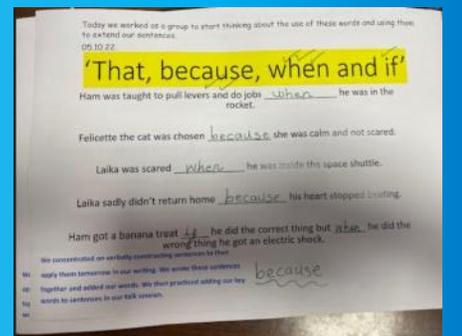
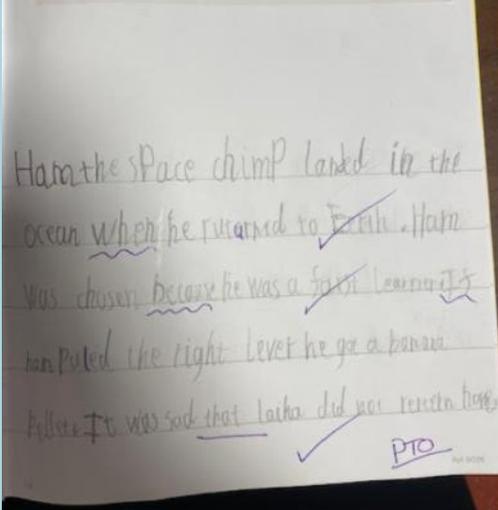
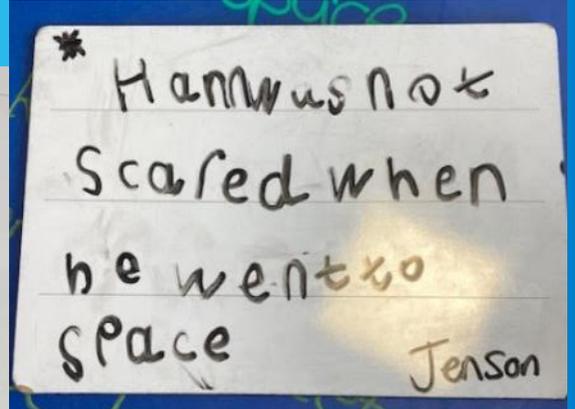
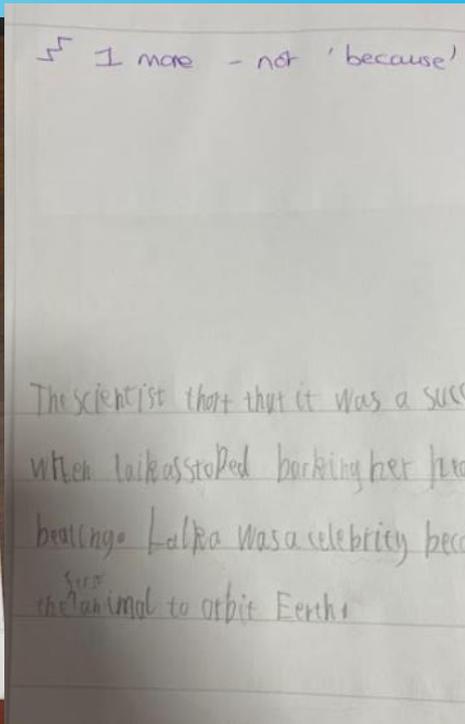
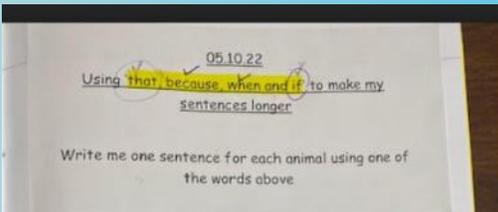
In Forest School we searched for sticks that had to be 2 hand lengths long and then tried hard to create our own characters using coloured string. It was difficult to wrap the string and keep it tight so the whole stick was covered. We had to use a lot of stickability!



# Year 2

This week we have been learning all about multiples of ten and how to add and subtract them from any number. We have been very busy mastering this skill!

We have been also learning about the different animals that went to space before humans did. We have learnt how to use the conjunctions when, If, because, when and then in our writing about this. We had a lovely time at Forest School finding sticks for a project we are working on!

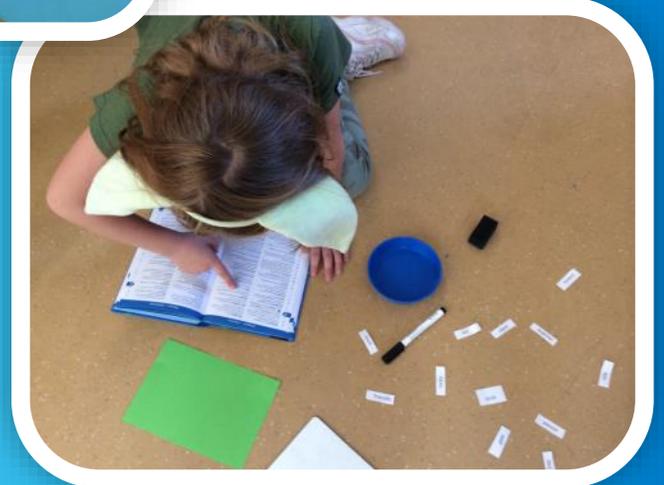


# Year 3

Year 3 has worked hard to be able to identify the continents of the world. We are really good at labelling them and have enjoyed using our interactive game to practise. In class we have thought of how each continent looks so that when they are separated we can put them in their correct location on a map. The children had great ideas of how they looked like different creatures!

We have continued to learn all about Jane Goodall and her amazing life and her work with chimpanzees in the African jungle.

On Wednesday we had a great time with Mr Brown in PE.

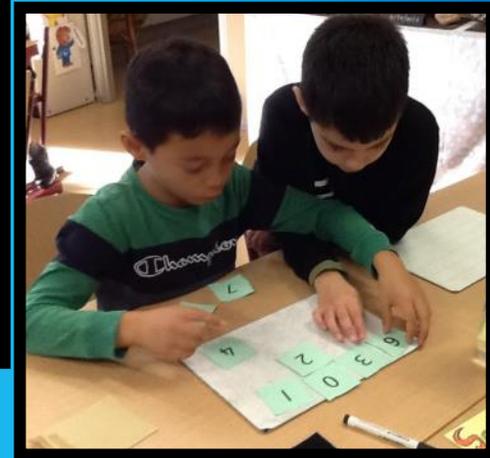
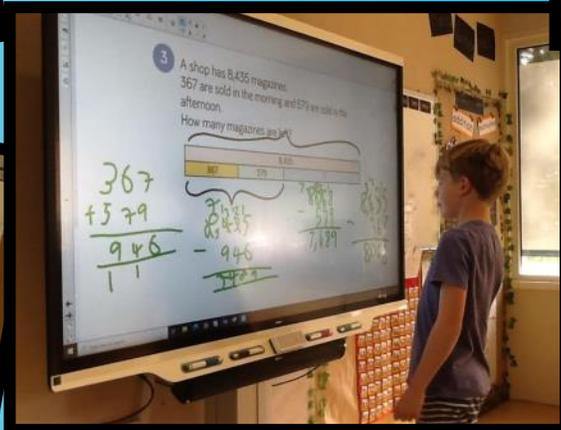
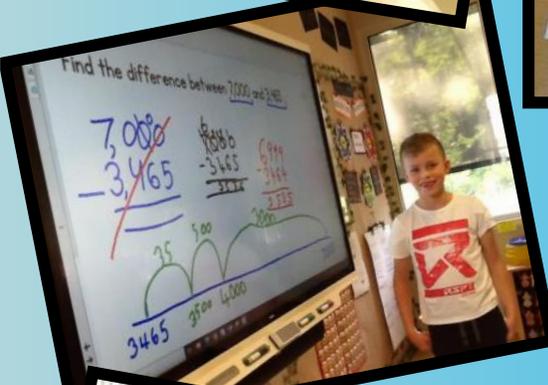
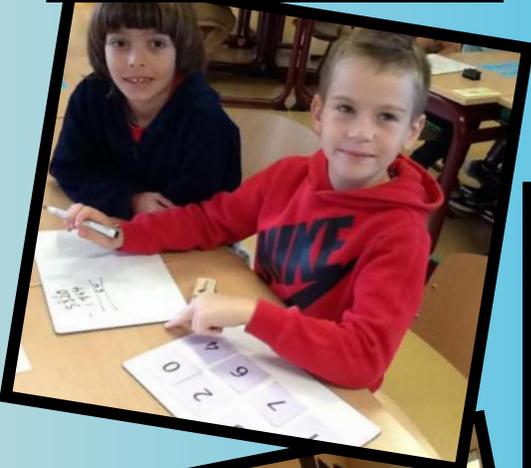
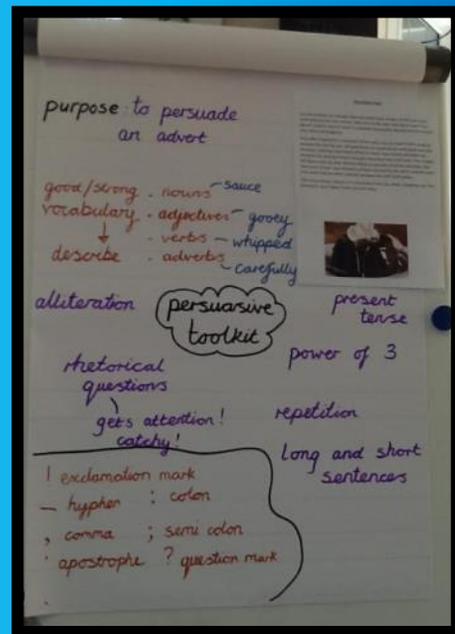
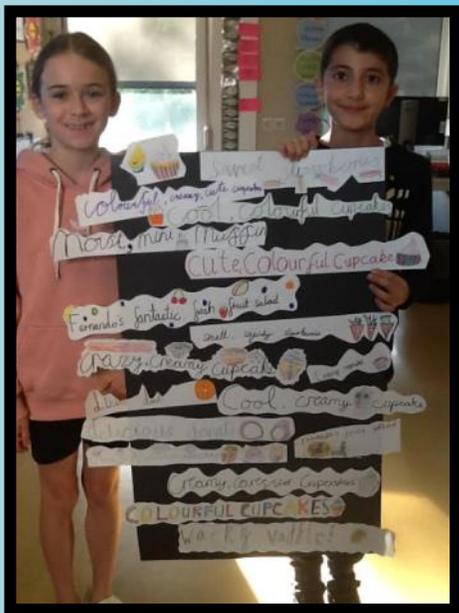


# Year 4-5

This week we have been exploring a persuasive text about chocolate cake - Chocolate Craze!

We have identified the text features, investigated the meanings of specific vocabulary and experimented with words to use alliteration to describe 'delicious desserts'.

In Maths we have been working on solving problems with addition and subtraction. We looked at different strategies and discovered how we could be more 'efficient' when calculating. Our class has lots of great Mathematicians who are always keen to share their answers!



# Year 5-6

In Science we have been developing our skills of **investigation**. We have planned and carried out investigations linked to materials changing state and matter where we have dissolved sugar in water. We have discussed the difference between **dissolving** and **melting**, and planned experiments with **variables** such as **temperature**, **speed** of stirring with two **rates** of stirring (fast and slow) and **volume** of water. We have also discussed the idea of having a **controls in an experiment** - conditions we must keep the same.



# Bucket Fillers



# LUNCH



## Week Menu 1 10-10 tm 14-10-2022

### MONDAY

Veggie Pie, Mashed Potato, Retro Vegetables	(veggie)	
Chicken Filet	(chicken)	
Mashed Potato		
Retro Vegetables		
Pepper Sauce		

### TUESDAY

Veggie Macaroni Dish, Snack Tomato, Rocket Salad	(veggie)	
Macaroni		
Ham & Cheese Sauce	(pork)	
Rocket Salad		
Snack Tomato		

### WEDNESDAY

Chili sin Carne, Rice, Bread Roll, Cucumber	(veggie)	
Beef Stew (Goulash, Bell Pepper, Beef & Onions)	(beef)	
Rice, Bread Roll		
Cucumber		

### THURSDAY

Veggie Balls with Macedoine Dish, Carrot Salad	(veggie)	
Meat Balls with Tomato Sauce	(beef)	
Macedoine Dish with Potato & Parsley		
Carrot Salad		

### FRIDAY

Soya Snack, Fries, Carrots	(veggie)	
Fish Filet	(Fish)	
Fries		
Carrots		
Tartar Sauce		

LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.

NUT free meals

O'GUSTO by sodexo



Looking for suggestions for your child's lunchbox...

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

# AFNORTH Calendar 2022-2023

## **Autumn Term**

August 15 School Opens

September 7 STAFF DAY-NO SCHOOL for Children

September 14 1400 Dismissal

**October 17 to October 21 SCHOOL CLOSED**

October 24 School Opens

October 26 1400 Dismissal

November 2-4 1230 Dismissals (Parent Conferences)

November 23 STAFF DAY NO SCHOOL for Children

**December 23-January 9 SCHOOL CLOSED**

## **Spring Term**

January 9 School Opens

January 25 1400 Dismissal

**February 20-February 24 SCHOOL CLOSED**

February 27 School Opens

March 15 1400 Dismissal

**April 3-14 SCHOOL CLOSED**

## **Summer Term**

April 17 School Opens

April 27 SCHOOL CLOSED

May 17 1400 Dismissal

May 18 STAFF DAY NO SCHOOL for Children

May 29 SCHOOL CLOSED

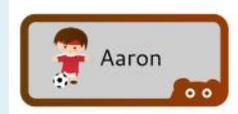
June 16 LAST DAY 1230 Dismissal

# REMINDERS



## NO NUTS

We have a number of children with a nut allergy and we therefore ask for no nuts or products containing nuts to be brought into the school. Thank you for your cooperation.



## LABEL LABEL LABEL

Please assist us in preventing items being lost or misplaced by labelling your child's belongings e.g. items of clothing, footwear, bags, packed lunch boxes/containers. Please also impress on your child that they should take responsibility for their own items.



## PE SHOES (Y2-Y6)

Please ensure your child has a separate pair of shoes for PE/Gym lessons with Coach Guest. Shoes should have non-marking soles.

## WATER BOTTLES



Children are encouraged to bring a filled water bottle to school every day and to keep hydrated during lessons. The children have access to chilled water fountains to top up their bottles. Children should take their bottle home each night to be washed. permitted. Cans and bottles of carbonated drinks, including energy drinks, are not permitted in school.

## PERSONAL ITEMS

At this time children should NOT be bringing anything to school other than essential items or requested by the teacher to support their learning. Please ensure unnecessary items do not slip into bags e.g. toys, pokemon cards.

## END OF THE DAY CHANGES

If you are making changes to your child's routine e.g. Parent Pick Up rather than the bus we request that these changes are sent via email to:

TO: [british.office@afnorth-is.com](mailto:british.office@afnorth-is.com)

CC: class teacher

CC: [firstname.lastname@afnorth-is.com](mailto:firstname.lastname@afnorth-is.com) (teacher)