



AFNORTH INTERNATIONAL SCHOOL

British Section

www.afnorth-is.com Twitter: @AFNORTH_IS www.facebook.com/AFNORTHSchool

British.office@afnorth-is.com

16 September 2022

Dear Parents,

It has been a busy week in school beginning with our assemblies thinking about the meaning of "Peace" in advance of International Peace Day next week. On Wednesday all classes attended an assembly about Terry Fox and have begun to decorate their shoes with messages of hope. Thursday was Democracy Day and we launched the process for electing Class Representatives for this year's Student Council. I hope many of the children in Y4-Y6 will believe in themselves and have a go at standing for Class Representative.

Children in Year 3-Year 6 will have taken home a letter today about After School Clubs. If your child is interested in one of the clubs the link to sign up will be open from 0900 tomorrow (Saturday).

Our Class Parent Representatives met on Tuesday and are very excited to enhance communication and opportunities within our community.

If you signed up to participate in the Class Whatsapp Group you will receive a Whatsapp message from your child's Class Parent Representative next Tuesday.

PLEASE NOTE This is an additional platform that will provide reminders and is intended to be a helpful way for parents to communicate with each other about out of school matters. This will NOT replace official communications which will continue to come from your child's teacher or the British Office email. Thank you to all the parents who stepped forward to take on this role. We very much look forward to seeing this develop during the year.



A reminder that following the sad death of Queen Elizabeth II the British Section will be closed on Monday.

Bucket Fillers



Alyssia, Milian, David, Ginevra, Finley, Eva, Georgie Mihnea, Amelia, Deniz, Alfie, Sylvia, Elvira, Richard

DATES TO NOTE

September

19 British Section Closed

- 27 1900 Christmas Fayre Committee Meeting
- 28 Parent Meeting: Building Resilience and Making Sense of Mental Health (Page 3)
- 29 Terry Fox Run (Page 4)

October

- 4 1430 Class Parent Rep Meeting

A highlight of a Head Teacher's day is when a child comes to visit to share something. This week I have had lots of those special moments.



Thank you Harry for sharing your fantastic, informative timeline scroll about the Shang Dynasty; Indi for your creativity; Leo for your very clever programming; Elvira great number work; Finlay for a super detailed drawing and Alfie, who was so impressed with Finlay's drawing he beamed as he told me I just



had to see it!

Parent Meeting

Building Resilience and Making Sense of Mental Health

28/09/2022

Dr Philippa Grace, a Senior Educational Psychologist with Defence Children's Services, will be running a parent meeting at Af North International School on 28/09/2022 for parents of children and young people within our community, including those with children at school in the UK and parents of preschool children. The session will run in the morning from 9.00-10.30 and again in the evening from 17.30-19.00. There is no need to book but if you do hope to come it would be helpful if you could let us know if you plan to attend by dropping us an email to British.office@afnorth-is.com

During the meeting we will run some activities which help children and families to talk about how it feels and what might help to 'get through tough times.'

The session is interesting and good fun, (we hope!). It involves activities including building a living brain and packing a 'resilience rucksack', as well as discussion and opportunities for questions and answers at the end of the presentation.

Parent Consultation Sessions 28/09/2022

In addition to the parent meeting Philippa is offering brief consultations for families who may wish to talk about specific issues or concerns. These 30 minute sessions are entirely confidential (unless of course there are child protection concerns) and can cover concerns at school as well as at home or in the community.

Please contact British.office@afnorth-is.com if you would like to book one of these sessions which we will be running on Wednesday 28th September from 10.30am.

If you would like to meet at a different time please let the school office know so that we can book you in for a virtual meeting at another time. If you would like to know a little more about this then do please ask the school office for an information leaflet about EP and Family Consultations.

We will share the handouts from the meeting, and the presentation after the event and look forward to welcoming you into school to meet Philippa.

Sunbeams

Water always plays a large part in our early years fascinations, we love to touch it, pour it, spill it and figure out how it moves through containers and around things.

This week we have been joining a range of pipes and tubes together to see if we can get the water to travel from one space to the next!

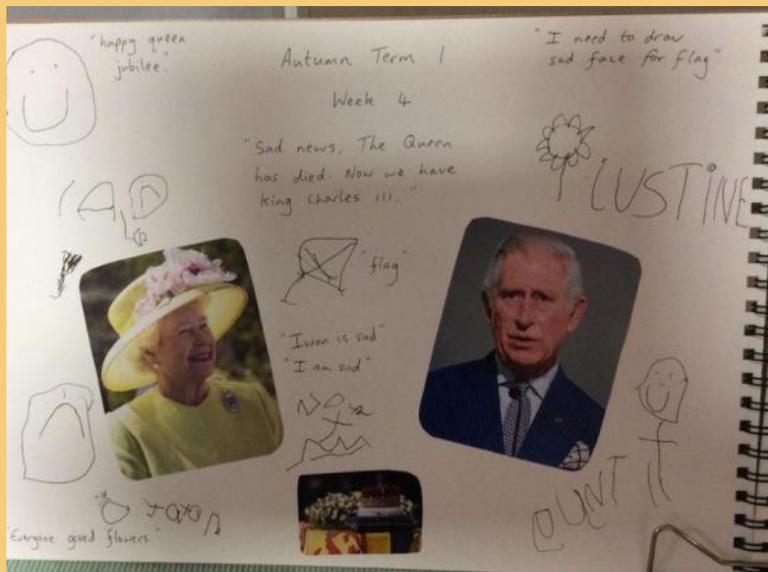
Sunbeams had a great morning in the forest, spending most of our time looking down to hunt for acorns, spot holes dug by animals and help to squash some mole hills. We also learned about campfire safety and how to behave to keep everyone safe!



Reception

The Reception children have been so thoughtful and respectful whilst thinking about The Queen's death and period of mourning. We talked about our feelings and how everyone is sad. We looked at images of books of condolence, processions, candles and of happier times in the lives of the Royal Family. The children recorded their thoughts in our own Remembering Book.

They have been making thrones and crowns for King Charles 111.

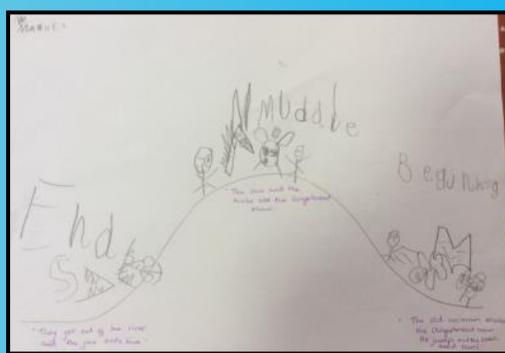
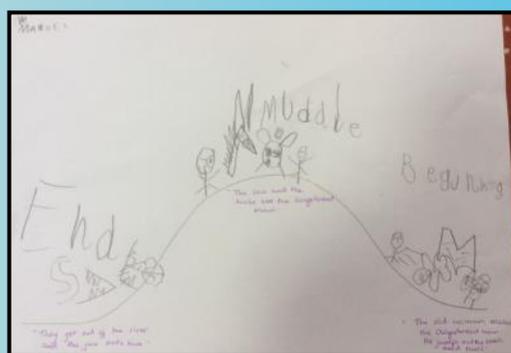
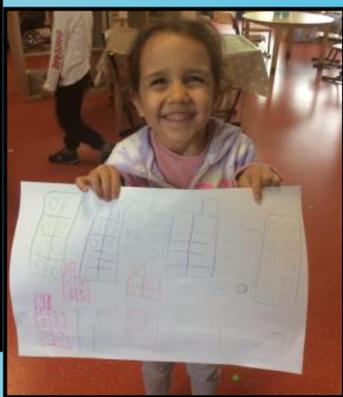
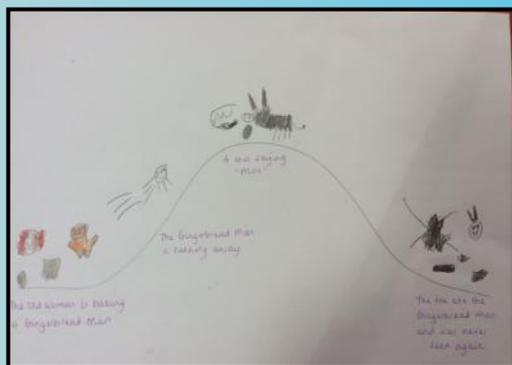


Year 1

Year One have been learning about pairs this week to help them understand odd and even numbers. We used Numicon and explored the shape of each number to see which had an "odd block" and which had an "even top". Ginevra and Manuel enjoyed creating their own numberlines.

At Forest School we worked on various projects including finishing decorating the tipi, digging up the flower beds ready to plant bulbs for spring time and some of the children made their own river with a dam half way down!

We are enjoying learning the story of the gingerbread man too. We can nearly retell the story off by heart and the children have made their own story mountains to show what happens at different points in the story.



Year 3

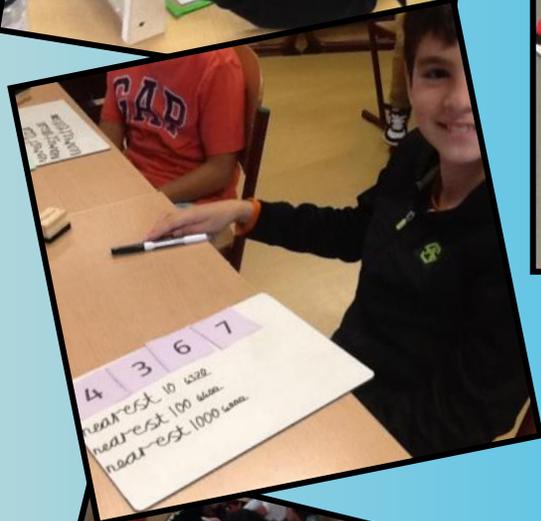
This week Year 3 braved the rain and went out to Forest School. We showed the new members of our class around the different parts of the forest and talked about how we treat our environment. The children are keen to share their insights into how the area should be looked after. This also helps us to think about how environments around the world are being lost which results in the extinction of different species. We noted some of the plants that can be a bit prickly and found sticks for one of our first projects.



Year 4-5

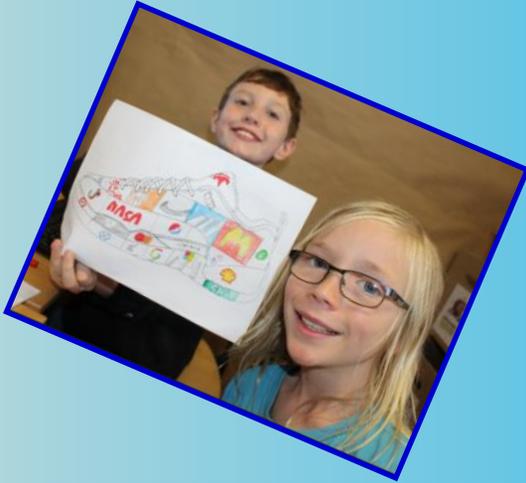
Lots of interesting and thoughtful 'Maths Talk' was evident in our Maths this week! We focused on rounding numbers to the nearest 10, 100 and 1000 using our 'rounding rules' to help us. We also started to use a very useful tool - a Rekenrek - to practice our times tables. The 'build it, write it, say it' approach will certainly help us understand and improve our multiplication facts

We also attended an international assembly this week which raised our awareness of the legacy of Terry Fox and his Marathon of Hope. Beautiful shoes were decorated as a dedication - they will be joining a 'sea of colourful shoes' outside the British Office very soon!



Year 5-6

Year 5/6 enjoyed a maths problem solving session along with the American and Canadian Grade 5 classes this week. Mrs Priddle who is a maths specialist talked the children through some engaging video footage linked to maths situations where children were allowed to consolidate their concepts of inverse (such as an ant-eater eating ants or penguins climbing onto an iceberg). The children had to work out what the questions might be before then sharing in different strategies of how to come to the answer and then check. There was much maths discussion, engagement and learning in the room. Thank you Mrs Priddle!



Bucket Fillers



LUNCH



Week 2 Menu 19-9 tm 23-9-2022

MONDAY

Veggie Roll, Potato & Vegetables	(veggie)	  
"German menu"		
Minced Meat Roll	(beef)	 
Potato		
Vegetables		
Onion sauce		

TUESDAY

Soya Roti with Curry Beans	(veggie)	  
"Surinamese menu"		
Crispy Chicken	(chicken)	 
Roti (Savoury Pancake)		
Curry Beans		

WEDNESDAY

Penne with Tomato Vegetable Sauce	(veggie)	  
"Italian menu"		
Pasta Penne & Basil		 
Beef Ragout	(beef)	
Snack Tomato		

THURSDAY

Vegetable Stew, Couscous & Pita	(veggie)	  
Tajine (Beef Stew)	(beef)	  
Couscous		
Yoghurt Garlic Sauce		
Pita		

FRIDAY

Veggie Burger, Fries, Peas	(veggie)	 
"UK menu"		
Fish Filet	(fish)	  
Fries		 
Peas		
Tartar Sauce		

LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.



Looking for suggestions for your child's lunchbox...

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

CLASS PARENT REPRESENTATIVES

Class Parent Representatives support good communication between parents, while also being a valuable resource to the teacher and the class. The class reps also facilitate the social interaction among families in our school community, including welcoming new families, and providing support to the school Leadership Team.

Class Parent Representatives engage parents and build social networks within the school. Through functioning at class level, they facilitate engagement of all parents in the school. This is an important role in every year group throughout the British Section and is particularly useful for new parents to the school.

There are key school events that rely on the parent community for input, donations of time and resources and provide occasions for families to meet, mix and have fun. The Class Rep will keep parents informed of such events and will coordinate any responses to specific requests made by class teachers e.g. Spirit/Theme Days, fund raising events, concerts, performances and exhibitions, support at and for PTO events, Sports Day, class events/assemblies

Examples of support include:

- facilitating and/or providing details of any opportunities to meet socially
- seeking parent involvement within the class as requested by class teachers or
- when volunteers are required for whole school events
- welcoming new parents
- creating links to outside opportunities
- encouraging parents to support school and class events
- help with organising class parties and events
- organising a working party for an outside area e.g Forest School, Early Years Area

Communication

The Class Rep will create and monitor an official class Whatsapp group containing only the names of parents in the class who wish to take part.

- Other non-official Whatsapp groups will not be recognised by the school.
- Any parent(s) not wishing to disclose their contact details to the class rep will be kept informed of events and activities through the normal school channels such as the newsletter, Seesaw, emails

The Class Reps will meet regularly as a group with a member of the school leadership team to keep a flow of communication open between classes.

Confidentiality

- Respect and trust for each child and adult, and their personal situations is paramount.
- Confidentiality of all members of the school community **MUST** be respected at all times.
- Class Representatives are not to be used by other parents to express concerns about their own children. This should be done directly between the parents themselves and the teacher.

AFNORTH Calendar 2022-2023

Autumn Term

August 15 School Opens

September 7 STAFF DAY-NO SCHOOL for Children

September 14 1400 Dismissal

October 17 to October 21 SCHOOL CLOSED

October 24 School Opens

October 26 1400 Dismissal

November 2-4 1230 Dismissals (Parent Conferences)

November 23 STAFF DAY NO SCHOOL for Children

December 23-January 9 SCHOOL CLOSED

Spring Term

January 9 School Opens

January 25 1400 Dismissal

February 20-February 24 SCHOOL CLOSED

February 27 School Opens

March 15 1400 Dismissal

April 3-14 SCHOOL CLOSED

Summer Term

April 17 School Opens

April 27 SCHOOL CLOSED

May 17 1400 Dismissal

May 18 STAFF DAY NO SCHOOL for Children

May 29 SCHOOL CLOSED

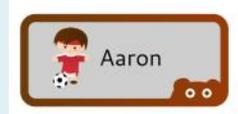
June 16 LAST DAY 1230 Dismissal

REMINDERS



NO NUTS

We have a number of children with a nut allergy and we therefore ask for no nuts or products containing nuts to be brought into the school. Thank you for your cooperation.



LABEL LABEL LABEL

Please assist us in preventing items being lost or misplaced by labelling your child's belongings e.g. items of clothing, footwear, bags, packed lunch boxes/containers. Please also impress on your child that they should take responsibility for their own items.



PE SHOES (Y2-Y6)

Please ensure your child has a separate pair of shoes for PE/Gym lessons with Coach Guest. Shoes should have non-marking soles.

WATER BOTTLES



Children are encouraged to bring a filled water bottle to school every day and to keep hydrated during lessons. The children have access to chilled water fountains to top up their bottles. Children should take their bottle home each night to be washed. permitted. Cans and bottles of carbonated drinks, including energy drinks, are not permitted in school.

PERSONAL ITEMS

At this time children should NOT be bringing anything to school other than essential items or requested by the teacher to support their learning. Please ensure unnecessary items do not slip into bags e.g. toys, pokemon cards.

END OF THE DAY CHANGES

If you are making changes to your child's routine e.g. Parent Pick Up rather than the bus we request that these changes are sent via email to:

TO: british.office@afnorth-is.com

CC: class teacher

CC: firstname.lastname@afnorth-is.com (teacher)