



AFNORTH INTERNATIONAL SCHOOL

British Section

www.afnorth-is.com Twitter: @AFNORTH_IS www.facebook.com/AFNORTHschool

British.office@afnorth-is.com

23 September 2022

Dear Parents,

Last weekend was one of sadness and celebration reflecting on the life and service of Queen Elizabeth II. Those that watched the funeral will have been deeply moved by the event and the occasion, such that we are unlikely to see again. I was very proud of the children who accompanied me to the Memorial Service at JFC Brunssum on Wednesday. They fully understood the solemnity and significance of the occasion and conducted themselves accordingly as they represented the school.



Classes across AFNORTH were focussing on the principles of peace this week creating beautiful pieces of art and writing powerful poems communicating the themes of friendship, hope and equality. Pinwheels of Peace

were placed in our Friendship Garden on Wednesday to mark International Day of Peace and on Friday the children arrived to an impressive installation of doves at the front entrance. It was just wonderful to see their eyes widen and to listen to their conversations as they walked through the door. The doves were a result of an international collaboration project and we would like to thank everyone for their participation. Special thanks to Mrs Eaton Bell for making the idea a reality.

Congratulations to Chloe, Thomas, Ada and Harry who were this week elected by their classes to represent them on AFNORTH Student Council. We know that you will be fabulous role models and will help to make our school an even better place by gathering and sharing opinions, ideas and solutions



Orange Shirt Day: We encourage the children to wear something orange next Friday as we discuss the importance of acceptance and respecting differences as we focus on the theme "Every Child Matters".

Children in Years 3-6 will receive letters on Monday with details of the club they have been allocated. With almost 300 applications we have tried to ensure every child has access to at least one club being offered.



Bucket Fillers



Alice, Jaxon, Milian, Martin, Grace, Jenson, Elise, Michal, Eva, Samuele, Fernando, Ilgaz, Ada, Silvia, Alfie, Harry, Ilgar

DATES TO NOTE

September

- 26 Reception and Year 1 Lunch with Parents
- 27 Tuesday Clubs Start
- 27 1900 Christmas Fayre Committee Meeting
- 28 Parent Meeting: Building Resilience and Making Sense of Mental Health (Page 6) **POSTPONED**

29 Terry Fox Run

- 30 Orange Shirt Day

October

- 3 Monday Clubs Start
- 3 1630 PTO Meeting
- 4 1430 Class Parent Rep Meeting
- 12 BOOK SALE
- 13 Parent Meeting: Building Resilience and Making Sense of Mental Health

17-21 SCHOOL CLOSED



Thank you Yakup for sharing your beautiful picture with us. It took a lot of time, patience

and resilience to create this masterpiece and your big smile demonstrated just how proud you were of the outcome.



Join Us For Our October

PTO MEETING

Monday, October 3
AFNorth Library Conference Room
16:30

All National Sections Encouraged



Afnorth
International School

Christmas AND Thanksgiving

Fayre

Saturday
26th Nov'

11 AM - 2 PM
Admission:
2 Euros
per adult.

Fun
and
games

Festive
Food

International Vendors

Great Raffle Prizes

Open to all NATO ID card holders



WANTED

Stall holders wanted for
Afnorth International School
Christmas and Thanksgiving Fayre

Saturday 26th November 11am-2pm

All stalls welcome
single table €15
double table €18
single & double table €25
No commission taken

To book a space contact the British Office
Ring: +31455278241
Email: british.office@afnorth-is.com



WE HOPE TO SEE YOU ON THURSDAY

Dear AFNORTH families,

AFNORTH International School will participate in the Terry Fox Run on Thursday, September 29 starting at 2:00 pm.

Terry Fox was a young cancer survivor who ran 42 km a day, or the equivalent of one marathon, each and every day, rain or shine. Unfortunately, 143 days into his run at 4 373 Km or roughly the distance between Brussels and the Afghan border, Terry's cancer returned and he was unable to finish the race. Terry passed away on June 28, 1981 but millions of people around the world have adopted the cause and run each fall to raise funds to help find a cure for cancer.

AFNORTH is pleased to be hosting the annual Terry Fox Run on Thursday, September 29 starting at 2:00 pm. In the spirit of Terry Fox, all students and teachers are encouraged to walk or run during this event. This year, we are so excited to invite parents and community members to participate in the event with us. For those in attendance, strollers, bicycles, etc are not allowed on the track due to the space required for those participating.

Photos will be taken from school representatives to share on the website or school promotional materials such as newsletter. If parents do not want their child to be photographed during this event, please let your national office know by Monday, September 26.

While the focus is participation, we are happy to accept donations from students, parents, staff and the community. Donations, in Euros, of any size are greatly appreciated and will be donated to Limburg Health Foundation in Maastricht to help with cancer research. Donations can be given to teachers or to the national offices up to Monday, October 10. Last year students from Kindergarten to Grade 12 from the American, British, Canadian and German sections participated enthusiastically and raised almost 4000 Euros. We are very proud of past contributions to cancer research and we hope to match last year's contribution. We are confident we can realize these goals with the full participation of the school community. We hope to count on your support. Let's keep Terry' dream to find a cure for cancer.

**Millions of students
Hundreds of thousands of teachers
Thousands of schools
The same dream
A cure for cancer**

THE
**TERRY
FOX**
RUN



Parent Meeting

Building Resilience and Making Sense of Mental Health

12/10/2022

Dr Philippa Grace, a Senior Educational Psychologist with Defence Children's Services, will be running a parent meeting at Af North International School on 12/10/2022 for parents of children and young people within our community, including those with children at school in the UK and parents of preschool children. The session will run in the morning from 9.00-10.30 and again in the evening from 17.30-19.00. There is no need to book but if you do hope to come it would be helpful if you could let us know if you plan to attend by dropping us an email to British.office@afnorth-is.com

During the meeting we will run some activities which help children and families to talk about how it feels and what might help to 'get through tough times.'

The session is interesting and good fun, (we hope!). It involves activities including building a living brain and packing a 'resilience rucksack', as well as discussion and opportunities for questions and answers at the end of the presentation.

Parent Consultation Sessions 12/10/2022

In addition to the parent meeting Philippa is offering brief consultations for families who may wish to talk about specific issues or concerns. These 30 minute sessions are entirely confidential (unless of course there are child protection concerns) and can cover concerns at school as well as at home or in the community.

Please contact British.office@afnorth-is.com if you would like to book one of these sessions which we will be running on Wednesday 12th October from 10.30am.

If you would like to meet at a different time please let the school office know so that we can book you in for a virtual meeting at another time. If you would like to know a little more about this then do please ask the school office for an information leaflet about EP and Family Consultations.

We will share the handouts from the meeting, and the presentation after the event and look forward to welcoming you into school to meet Philippa.

Sunbeams

Sunbeams have had a very active week, stretching our clambering legs in the big park, building our muscles in the digging pit and ending with a calming yoga session. We worked hard to listen and follow instructions with moves, balancing so very carefully and considering how to stay safe as we played! Our super Sunbeams are building perseverance, patience and an understanding of how to take risks carefully, we are amazing!



Reception

Patterns, Patterns Everywhere. Reception Class children have been exploring the pattern of numbers, looking at more and fewer than numbers to 4. The children are also eagerly exploring patterns in the provision areas indoors and outdoors, with a great interest in Kandinsky's use of circles and triangles. They even made patterns of people such as taller, taller, shorter, shorter.



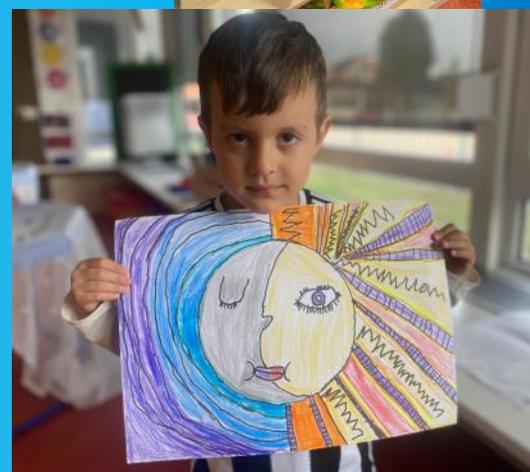
Year 1

This week Year 1 have been learning about International Day of Peace. We had a lovely discussion to help us understand what peace means and have read some stories too. We made salt dough with a friend and then made our handprint in the shape of a dove. The children painted their dove and added an olive branch too. They are on display outside the British office along with the hundreds of origami peace doves which are hanging in the main entrance.



Year 2

Year 2 have had a wonderful week. We've been extremely busy helping with international projects, learning about our bonds to 100 and comparing number sentences, creating beautiful art pieces, hunting for different materials for science including sparkly diamonds and using adjectives in our writing! Goodness we've been busy!



Year 3

This week we were learning about knots in Forest School. We worked really hard to try and try slip knots to help us create our wonderful woodland people. We choose lots of different colours to work with and practised wrapping the wool carefully around our people. It took a lot of concentration and care not to get all knotted up!



Year 4-5

Year 4/5 have really enjoyed being outdoors in nature, being creative and building friendships. During our first Forest School sessions, everyone showed great collaborative skills, working in teams and making interesting discoveries!

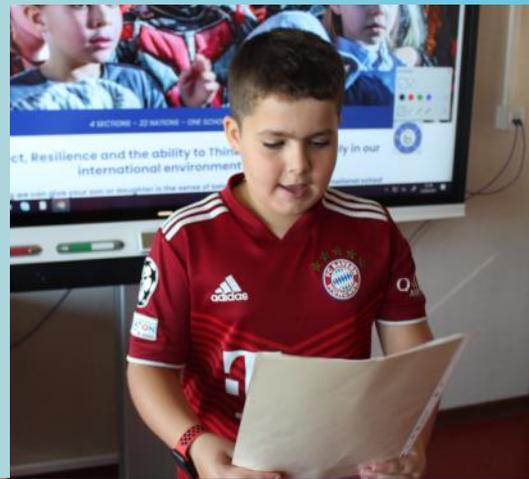
Democracy was evident in class this week with voting for our Student Council. We had four super candidates - Thomas, Amelia, Samuele and Chloe - who presented their thoughtful speeches to the class with confidence. They all had great qualities for the 'job' and it was a very close vote! Thomas and Chloe were successful - they were very keen to attend the first meeting today.

Well done to all four for participating so enthusiastically!

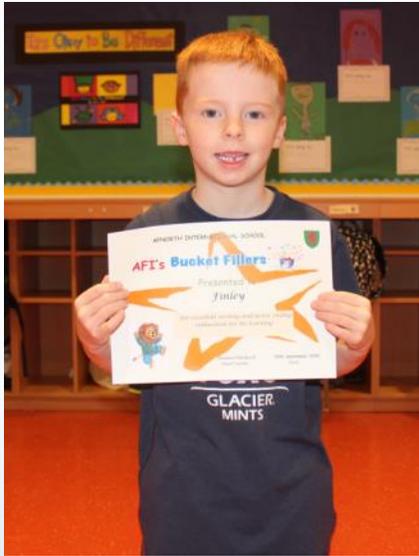


Year 5-6

We have discussed the theme of **Democracy** this week where children found out about the Shang dynasty and their **beliefs** and how their **Emperors** were chosen through a **'Mandate of Heaven'** - the Gods decided, in **comparison** with us having the **opportunity** to hear about someone's **leadership qualities** and ideas though **free speech**- and then **voting to choose** who we wish to lead our class ideas through the **Student Council**. Well done to all who stepped forward and **presented** their **ideas**. This is a **brave yet important** quality to have. And well done to all of those who **voted**. Again, an **important** thing to do if you wish to **uphold the values** of a **Democratic society**.



Bucket Fillers



LUNCH



Week Menu 3 26-9 to 30-9-2022

MONDAY

Korean Rice with Spring Roll	(veggie)	GLUTEN SOYA MILK
Korean Rice		GLUTEN SOYA
Spring Roll	(veggie)	
Atjar Salad		
Hot Sauce		

TUESDAY

Pasta Penne with Tomato and Zucchini Sauce	(veggie)	GLUTEN SOYA MILK
Bolognese Sauce	(beef)	MILK SOYA
Pasta Penne with Basil		
Rocket Salad		
Snack Tomato		

WEDNESDAY

Quiche Potato & Mixed Vegetables	(veggie)	SOYA GLUTEN MILK
Quiche (French Pie with cheese, cream, vegetables)	(veggie)	GLUTEN MILK
Macedoine Vegetable Mix with Potato		
Mustard Sauce with Thyme		

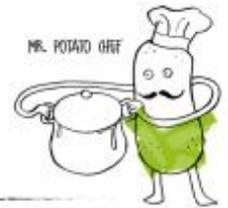
THURSDAY

Soya Bites (Greek Style) Tomato Rice & Cucumber	(veggie)	MILK SOYA GLUTEN
Chicken Filet Greek Style	(chicken)	GLUTEN SOYA MILK
Tomato Rice with Zucchini & Eggplant		
Cucumber Salad		
Yoghurt Garlic Sauce		

FRIDAY

Veggie Burger, Fries, Carrots	(veggie)	MILK SOYA GLUTEN
Fish Filet	(fish)	FISH SOYA MILK
Fries		GLUTEN SOYA
Carrots with Mint & Dill		
Tartar Sauce		EGG

LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.



Looking for suggestions for your child's lunchbox...

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

CLASS PARENT REPRESENTATIVES

Class Parent Representatives support good communication between parents, while also being a valuable resource to the teacher and the class. The class reps also facilitate the social interaction among families in our school community, including welcoming new families, and providing support to the school Leadership Team.

Class Parent Representatives engage parents and build social networks within the school. Through functioning at class level, they facilitate engagement of all parents in the school. This is an important role in every year group throughout the British Section and is particularly useful for new parents to the school.

There are key school events that rely on the parent community for input, donations of time and resources and provide occasions for families to meet, mix and have fun. The Class Rep will keep parents informed of such events and will coordinate any responses to specific requests made by class teachers e.g. Spirit/Theme Days, fund raising events, concerts, performances and exhibitions, support at and for PTO events, Sports Day, class events/assemblies

Examples of support include:

- facilitating and/or providing details of any opportunities to meet socially
- seeking parent involvement within the class as requested by class teachers or
- when volunteers are required for whole school events
- welcoming new parents
- creating links to outside opportunities
- encouraging parents to support school and class events
- help with organising class parties and events
- organising a working party for an outside area e.g Forest School, Early Years Area

Communication

The Class Rep will create and monitor an official class Whatsapp group containing only the names of parents in the class who wish to take part.

- Other non-official Whatsapp groups will not be recognised by the school.
- Any parent(s) not wishing to disclose their contact details to the class rep will be kept informed of events and activities through the normal school channels such as the newsletter, Seesaw, emails

The Class Reps will meet regularly as a group with a member of the school leadership team to keep a flow of communication open between classes.

Confidentiality

- Respect and trust for each child and adult, and their personal situations is paramount.
- Confidentiality of all members of the school community **MUST** be respected at all times.
- Class Representatives are not to be used by other parents to express concerns about their own children. This should be done directly between the parents themselves and the teacher.

AFNORTH Calendar 2022-2023

Autumn Term

August 15 School Opens

September 7 STAFF DAY-NO SCHOOL for Children

September 14 1400 Dismissal

October 17 to October 21 SCHOOL CLOSED

October 24 School Opens

October 26 1400 Dismissal

November 2-4 1230 Dismissals (Parent Conferences)

November 23 STAFF DAY NO SCHOOL for Children

December 23-January 9 SCHOOL CLOSED

Spring Term

January 9 School Opens

January 25 1400 Dismissal

February 20-February 24 SCHOOL CLOSED

February 27 School Opens

March 15 1400 Dismissal

April 3-14 SCHOOL CLOSED

Summer Term

April 17 School Opens

April 27 SCHOOL CLOSED

May 17 1400 Dismissal

May 18 STAFF DAY NO SCHOOL for Children

May 29 SCHOOL CLOSED

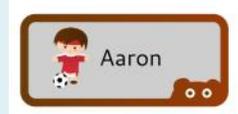
June 16 LAST DAY 1230 Dismissal

REMINDERS



NO NUTS

We have a number of children with a nut allergy and we therefore ask for no nuts or products containing nuts to be brought into the school. Thank you for your cooperation.



LABEL LABEL LABEL

Please assist us in preventing items being lost or misplaced by labelling your child's belongings e.g. items of clothing, footwear, bags, packed lunch boxes/containers. Please also impress on your child that they should take responsibility for their own items.



PE SHOES (Y2-Y6)

Please ensure your child has a separate pair of shoes for PE/Gym lessons with Coach Guest. Shoes should have non-marking soles.

WATER BOTTLES



Children are encouraged to bring a filled water bottle to school every day and to keep hydrated during lessons. The children have access to chilled water fountains to top up their bottles. Children should take their bottle home each night to be washed. permitted. Cans and bottles of carbonated drinks, including energy drinks, are not permitted in school.

PERSONAL ITEMS

At this time children should NOT be bringing anything to school other than essential items or requested by the teacher to support their learning. Please ensure unnecessary items do not slip into bags e.g. toys, pokemon cards.

END OF THE DAY CHANGES

If you are making changes to your child's routine e.g. Parent Pick Up rather than the bus we request that these changes are sent via email to:

TO: british.office@afnorth-is.com

CC: class teacher

CC: firstname.lastname@afnorth-is.com (teacher)