



AFNORTH INTERNATIONAL SCHOOL

British Section

www.afnorth-is.com Twitter: @AFNORTH_IS www.facebook.com/AFNORTHSchool

British.office@afnorth-is.com

30 September 2022

Dear Parents,

What a wonderful afternoon we had yesterday for the Terry Fox Run. Thanks for all your support both in your participation and also the donations which you have given. Donations will continue to be accepted until next Friday and we will let you know the total raised once the final count has been done. We were so lucky to have such beautiful weather as we walked or ran around the track in memory of family or friends. An important message for the children to hear was about those who were survivors thanks to research.

I particularly loved Freya's message "I am running for all the children my Mum has helped"



We are very proud of Ada and Harry for putting their names forward for the post of Student Council President. Both of them prepared very powerful and passionate speeches which, along with all the other candidates they delivered to a large audience this morning. This took real courage! We will know the outcome on Monday.

This week AFNORTH welcomed Bev Martin, the Head of Defence Children's Services. Due to Covid travel restrictions this was her first visit to AFNORTH since taking up the post last year. She was accompanied by: Andy Yeoman, Chief Education Officer; Rowley Bucknill, Assistant Chief Education Officer; Gemma Hun, Head of Specialist Services and our new DCS Speech and Language Therapist, Bex Everitt. The team spent the day touring the school, visiting classes and were able to see and experience first-hand the special ethos of our school. They observed happy, confident children engaged in their learning and listened to the children's views about being an AFNORTH pupil. Across the school they commented on the purposeful and vibrant learning environments and appreciated the unique opportunities presented by the international dynamic both within the British Section classrooms and across the school. They were particularly impressed with the support children receive and the curriculum development work that has taken place.

The change in the weather this week signals Autumn is definitely here. Dressing your child in layers is always wise during this period and having their coat each day is essential. *Have a lovely weekend*



<u>DATES TO NOTE</u>	
October	
3	Monday Clubs Start
4	1630 PTO Meeting
4	Tuesday Clubs Start
4	1430 Class Parent Rep Meeting
12	BOOK SALE
13	Parent Meeting: Building Resilience and Making Sense of Mental Health
17-21 SCHOOL CLOSED	



Bucket Fillers



Gokce, Justine, Norah, Primrose, Manuel, Mariateresa, Joshua, Finley, Thomas, Amelia, Neo, Archie, Dalila, Freya, Grace, Archie

THE TERRY FOX RUN





Power of Reading and Raising Achievement in Writing

Developing children as writers is so much more than asking them to remember grammatical constructions or tricky spellings. It is a complicated and intricate process - and if you enable a child to become a writer you have given them a voice, supported them to communicate and provided them with a skill that is vital for all of their schooling and to their life beyond.

I was so impressed by some of our youngest writers this week who appeared at the office bursting with pride and desperate to share their wonderful writing.

Their vocabulary choices were powerful and their confidence in retelling their stories was just a joy! Thank you Year 1 and Year 2 ... children and adults.



In every writer, there is a reader. Give them reading. Let them lift the words off the printed page to enrich their own written work. Louise Johns-Shepherd, Chief Executive, CLPE



Afnorth
International School

Christmas AND Thanksgiving

Fayre

Saturday
26th Nov'

11 AM - 2 PM
Admission:
2 Euros
per adult.

Fun
and
games

Festive
Food

International Vendors

Great Raffle Prizes

Open to all NATO ID card holders



WANTED

Stall holders wanted for
Afnorth International School
Christmas and Thanksgiving Fayre

Saturday 26th November 11am-2pm

All stalls welcome
single table €15
double table €18
single & double table €25
No commission taken

To book a space contact the British Office
Ring: +31455278241
Email: british.office@afnorth-is.com



Parent Meeting

Building Resilience and Making Sense of Mental Health

12/10/2022

Dr Philippa Grace, a Senior Educational Psychologist with Defence Children's Services, will be running a parent meeting at Af North International School on 12/10/2022 for parents of children and young people within our community, including those with children at school in the UK and parents of preschool children. The session will run in the morning from 9.00-10.30 and again in the evening from 17.30-19.00. There is no need to book but if you do hope to come it would be helpful if you could let us know if you plan to attend by dropping us an email to British.office@afnorth-is.com

During the meeting we will run some activities which help children and families to talk about how it feels and what might help to 'get through tough times.'

The session is interesting and good fun, (we hope!). It involves activities including building a living brain and packing a 'resilience rucksack', as well as discussion and opportunities for questions and answers at the end of the presentation.

Parent Consultation Sessions 12/10/2022

In addition to the parent meeting Philippa is offering brief consultations for families who may wish to talk about specific issues or concerns. These 30 minute sessions are entirely confidential (unless of course there are child protection concerns) and can cover concerns at school as well as at home or in the community.

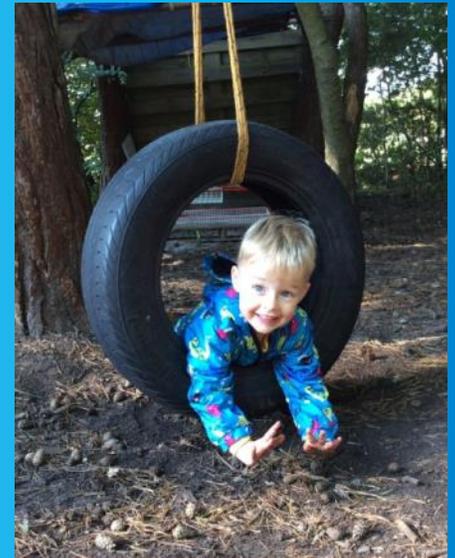
Please contact British.office@afnorth-is.com if you would like to book one of these sessions which we will be running on Wednesday 12th October from 10.30am.

If you would like to meet at a different time please let the school office know so that we can book you in for a virtual meeting at another time. If you would like to know a little more about this then do please ask the school office for an information leaflet about EP and Family Consultations.

We will share the handouts from the meeting, and the presentation after the event and look forward to welcoming you into school to meet Philippa.

Sunbeams

In Sunbeams we have been focussing on building relationships with our friends, sharing resources, listening to conversations and most of all having lots of laughs together. We've found funny hats hilarious, took turns to swing on the tyre beautifully and finally worked as a team to build an airport with built in runway. Another fabulous week from our super Sunbeams!



Reception

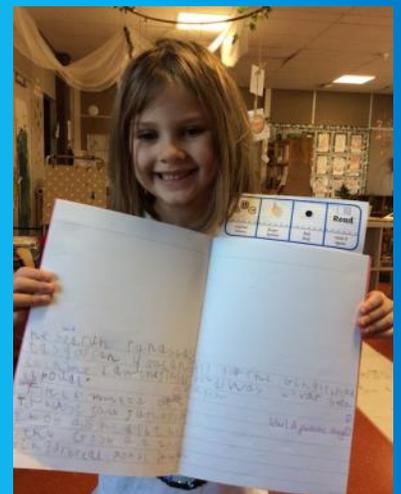
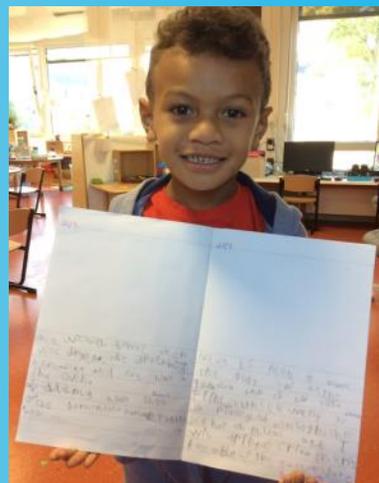
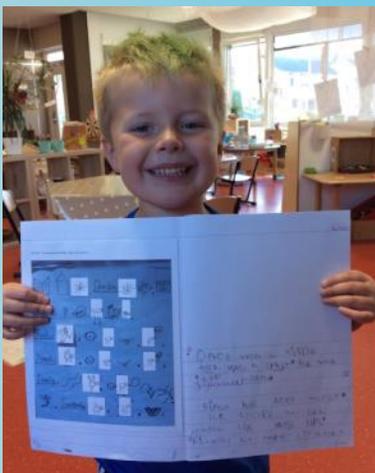
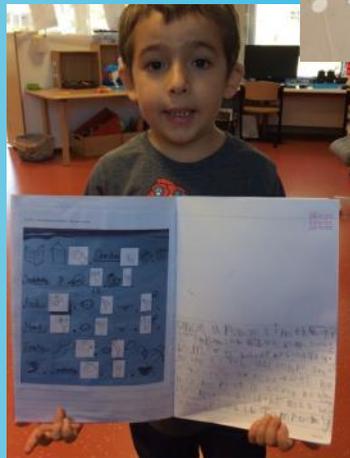
Reception Class children have rapidly increased in confidence in reading, writing and maths over the last few weeks. Some children can write some words on their own. Others are busy trying to form letters and everyone has investigated the make-up of number 5. Outdoors the vet's has been a popular place to role-play with friends, draw pictures and write numerals. The children love writing messages to Pandy, the class mascot.



Year 1

Year 1 have been busy reinventing the story of the Gingerbread man. They each chose new characters for their new version, we had everything from... Dragons and Unicorns to Gingerbread Sharks and Poodles! Each day this week they have written a little more of their story. Fantastic writers!

In maths we have been working on number bonds, especially finding all the different ways to make 10. The children were superstars and even wrote the number sentences.



Year 2

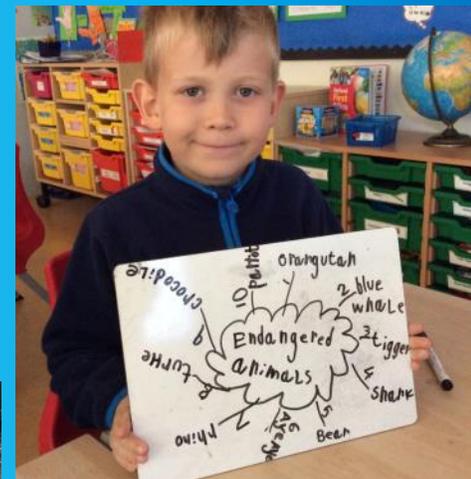
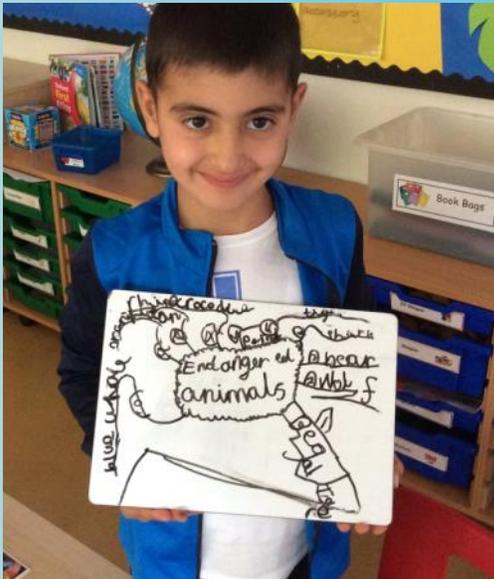
This week year 2 has been finishing their stories. We have been focussing on expanded noun phrases. An expanded noun phrase is when you add adjectives to describe a noun such as '**She walked through the dark, mysterious forest**'.

We also went to forest school and had the privilege to see a family of red squirrels playing in the trees. They were amazing and we loved seeing them. We read a story in the teepee about why we will wear orange shirts on Friday this week. It was wonderful!



Year 3

Another week has flown past. We have worked hard to finish our 'Save our Habitat' posters that look lovely on our walls. Now we are working on poems by exploring the Power of 3 (using several adjectives to describe) and also thinking about phrases which use an adverb to extend our writing. In the forest we found lots of acorns and a few oak saplings, we started to plant some around the area. A question we were wondering about was if two acorns would grow in one pot. In maths we have been working hard on formal addition and subtraction, using our knowledge of number bonds and complements to help us.



Bucket Fillers



LUNCH



Week 4 Menu 03-10 t/m 07-10-2022

MONDAY

Veggie Balls, Dollar Chips, Cauliflower	(veggie)	GLUTEN SOYA MILK
Chicken Schnitzel and Mushroom Sauce	(chicken)	GLUTEN SOYA
Dollar Chips		
Cauliflower		

TUESDAY

Sweet & Sour Omelet with Fried Rice & Atjar	(veggie)	GLUTEN SOYA MILK
Chicken Filet Sweet & Sour	(chicken)	GLUTEN SOYA MILK
Fried Rice		
Atjar Salad		

WEDNESDAY

Veggie Sausage, Potato, White Beans in Tomato Sauce	(veggie)	SOYA GLUTEN MILK
Sausage	(pork)	GLUTEN MILK
Potato		
White Beans in Tomato Sauce		
Onion Sauce		



THURSDAY

Tomato Sauce with Soya and Pasta Penne	(veggie)	MILK SOYA GLUTEN
Beef Stew	(beef)	GLUTEN SOYA MILK
Pasta Penne		
Rocket Salad		
Snack Tomato		

FRIDAY

Veggie Wrap, Chips & Carrots or Mushy Peas	(veggie)	MILK SOYA GLUTEN
Fish & Chips	(fish)	FISH SOYA MILK
Carrots or Mushy Peas		GLUTEN SOYA
Tartar Sauce		GLUTEN

LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.



Looking for suggestions for your child's lunchbox...

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

AFNORTH Calendar 2022-2023

Autumn Term

August 15 School Opens

September 7 STAFF DAY-NO SCHOOL for Children

September 14 1400 Dismissal

October 17 to October 21 SCHOOL CLOSED

October 24 School Opens

October 26 1400 Dismissal

November 2-4 1230 Dismissals (Parent Conferences)

November 23 STAFF DAY NO SCHOOL for Children

December 23-January 9 SCHOOL CLOSED

Spring Term

January 9 School Opens

January 25 1400 Dismissal

February 20-February 24 SCHOOL CLOSED

February 27 School Opens

March 15 1400 Dismissal

April 3-14 SCHOOL CLOSED

Summer Term

April 17 School Opens

April 27 SCHOOL CLOSED

May 17 1400 Dismissal

May 18 STAFF DAY NO SCHOOL for Children

May 29 SCHOOL CLOSED

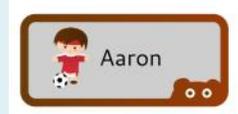
June 16 LAST DAY 1230 Dismissal

REMINDERS



NO NUTS

We have a number of children with a nut allergy and we therefore ask for no nuts or products containing nuts to be brought into the school. Thank you for your cooperation.



LABEL LABEL LABEL

Please assist us in preventing items being lost or misplaced by labelling your child's belongings e.g. items of clothing, footwear, bags, packed lunch boxes/containers. Please also impress on your child that they should take responsibility for their own items.



PE SHOES (Y2-Y6)

Please ensure your child has a separate pair of shoes for PE/Gym lessons with Coach Guest. Shoes should have non-marking soles.

WATER BOTTLES



Children are encouraged to bring a filled water bottle to school every day and to keep hydrated during lessons. The children have access to chilled water fountains to top up their bottles. Children should take their bottle home each night to be washed. permitted. Cans and bottles of carbonated drinks, including energy drinks, are not permitted in school.

PERSONAL ITEMS

At this time children should NOT be bringing anything to school other than essential items or requested by the teacher to support their learning. Please ensure unnecessary items do not slip into bags e.g. toys, pokemon cards.

END OF THE DAY CHANGES

If you are making changes to your child's routine e.g. Parent Pick Up rather than the bus we request that these changes are sent via email to:

TO: british.office@afnorth-is.com

CC: class teacher

CC: firstname.lastname@afnorth-is.com (teacher)