



AFNORTH INTERNATIONAL SCHOOL

British Section

www.afnorth-is.com Twitter: @AFNORTH_IS www.facebook.com/AFNORTHSchool

British.office@afnorth-is.com

3rd March 2023



Huge Congratulations to Freya on gaining your Zwem Diploma and to Fernando on his huge success at Eindhoven Championships...3 trophies and so many medals! He tells us he is aspiring to be the next Michael Phelps.

Dear Parents,

We hope you all had a good half term and a restful break.

It has been a very busy first week!

St David's Day



In assembly on Monday children learnt about a special day being celebrated in Wales this week on March 1st. They learnt about St David, his achievements and the message 'Do the little things in life'. Children discussed what 'little things' they can do, however small, and how important these are. The children

reflected upon how our small acts of love and kindness can change the world.

Tricia Wood, Early Years Advisory Teacher spent three days in Sunbeams and Reception. During her visit she led some staff training and observed all the wonderful things happening in Early Years. She was highly complimentary of the teaching and learning provision. We also had Dr Grace Educational Psychologist visiting and she led an assembly on resilience on Thursday.

Our Student Council along with additional representatives made us very proud on Thursday when they welcomed over 20 SNRs and shared with them their experiences of being an AFNORTH pupil.

Appointment times for parent conferences have gone home via email today. If you have not received your time please contact the British Office.

Appeal from Reception: Do you have any story CD's suitable for 3-5 year olds, with or without accompanying books you no longer use? We would love to have them.



Have a lovely weekend

Bucket Fillers



Alberto, Jaxon, Norah, Demir, Frantisek, Rory, Elise, James, Poyraz,
Eva, Oliver, Samuele, Mihnea, Alfie, Archie

DATES TO NOTE

March

- 7 Year 4-5 Trip
- 8 Used Book Sale
- 13-17 Parent Consultations
- 15 1400 Dismissal
- 24-25 Junie B Jones Musical
- 27-31 Music Spirit Week
- 28 Year 4-6 Waxworks

April

- 3-15 SCHOOL CLOSED
- 24 RAF STEM Team working with Year 5
- 25 Culture Day

May

- 8 BRITISH SECTION CLOSED King Charles III

MARCH
PTO MEETING

Monday, March 6
AFNorth Library Conference Room
16:30



All National Sections Encouraged

HELP THEM BLOOM

Wednesday, March 8

USED BOOK SALE

It's that time again!
Come find your next favorite book

Volunteer here <https://signup.com/go/UAXkVUV>



Well Done Yakup –our latest Rhinestone Reader!



MARCH Read across America
NATIONAL EDUCATION ASSOCIATION
Celebrating A Nation Of Diverse Readers

CELEBRATE READING WITH READ ACROSS AMERICA
CLICK ON A BOOK, LOGIN TO [MACKINVIA](https://mackinvia.com), AND EXPERIENCE THE JOY OF READING.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 READ			1 DRAGONS LOVE TACOS	2 THE CAT IN THE HAT	3 I REALLY DON'T MEAN	4 Finding Winnie
5 BLUE	6 WHO WOULD WIN?	7 NARWHAL	8 If I Built a School	9 Sharks	10 THUNDER CHICK	11 SONG OF FRUTAS
12 CHANGE IS GOOD	13 GOODNIGHT, BUTTERFLY	14 EZRA'S DREAM GIRL	15 ST. PATRICK'S DAY	16 Just Be a Kid	17 ST. PATRICK'S DAY	18 My City Speaks
19 Cody Ponies	20 FIRE TRUCK	21 CHINA MEANS FAMILY	22 THE LITTLE HOUSE	23 Bananas	24 AGENT MOOSE	25 Tomatoes in Nooks
26 AMY WU	27 BLACKBERRY FOR SAL	28 MITTICORN	29 5 O'CLOCK BAND	30 Horton Hatches the Egg	31 ROALD DAHL MATILDA	 READ

AFNORTH Elementary Lions Library



AFNorth Elementary

Music in our Schools Month Celebrations

2023

[Quaver's March Music Madness - Feb 27 - March 31](#)

quavered.com/musicmadness

Vote for your favorites!

[Musician of the Day - All Month](#)

Spotify Playlist - The track number in the library coincides with the musician's birthday.

[Bring Your Parent to Music - March 6-10 \(Year 2-Year 6\)](#)

Attend music class with your child! Be prepared to play, sing, dance, and have fun learning music with your child! No strollers allowed. Check with your child's teacher about their music time.

[Spring Musical - March 24-25](#)

Junie B. Jones, Jr. Friday March 24, 6:30 and Saturday March 25, 2:00

[Music Spirit Week - March 27-31](#)

Mozart Monday - Dress like a Classical Musician, Performer, or Opera Singer

Blues Day Tuesday - Wear Blue

Wednesday - Rock Star - Dress Like a Rock Star!!

Thursday - HipHop Day (Bright Colors, Rap, Backwards hat)



Reception and Year 1 loved having their families join them for lunch.

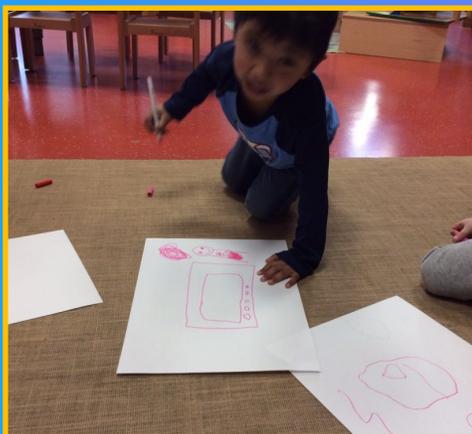


Dr Grace, our Senior Educational Psychologist led an assembly for KS2 on Thursday. She talked about the different parts of the living brain and how they help us with different things that we do. Children acted out different functions. She explained that when all the needs of the brain are met it works happily and all the different parts of the brain interconnect. Dr Grace then shared information about what is going on inside our brains when things feel tough. She shared her Resilience Rucksack and looked at some of the things that children can do to help train and look after their brains.



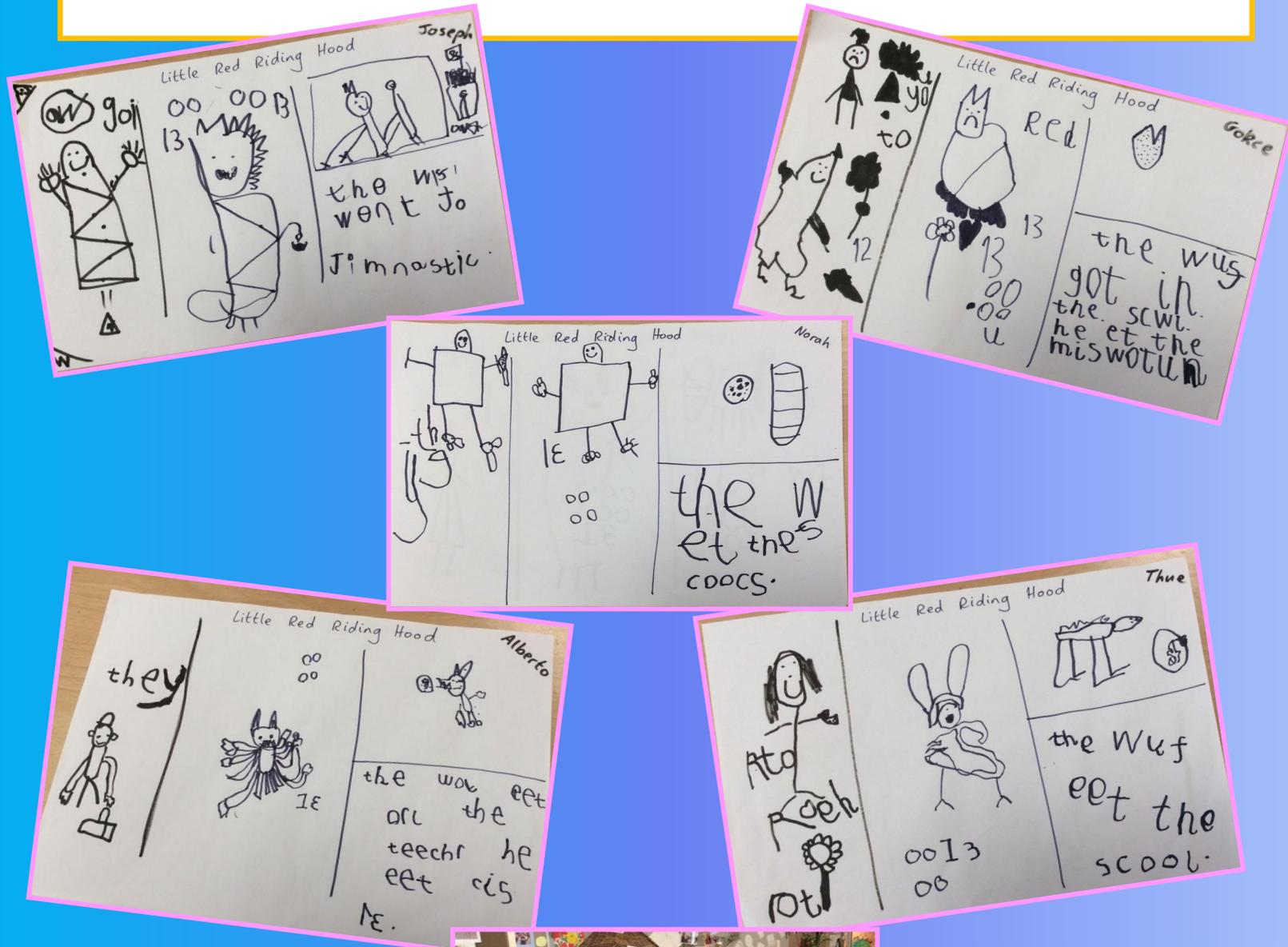
Sunbeams

Some of our Super Sunbeams embarked on a new project this week called 'Drawing Club'. Within this we use stories as a stimulus for storytelling, writing and most of all drawing. We used the story of The Gingerbread Man to start us off and used some ambitious key vocabulary including words such as cunning, disappointed, accelerated, block and leap alongside actions to help us visualise the story (we may be 3 and 4 but we LOVE to use bigger, more interesting words!) We drew pictures to represent characters, settings and possible next steps and shared our ideas with Mrs McLean to annotate. Our work is the first to go up on our new display of our project! We are quite understandably very proud of our work. Our friends who haven't had the chance to take part were incredibly excited for their turn in the coming weeks!



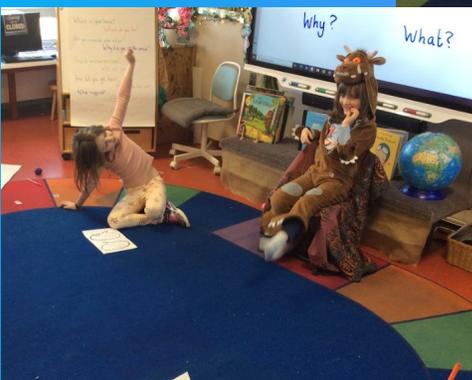
Reception

The children in Reception Class have been learning about healthy eating and how to keep their teeth clean. They had a visit from the U.S. dental team and also set up their own dentist for our puppets. In Literacy, the class has made an excellent start to a new initiative called Drawing Club. Using the story of Little Red Riding Hood, they made up secret symbols to invent and write their own versions of the story.



Year 1

Year One have begun learning about the story of the Gruffalo. They have used natural resources to make pictures of the characters, made story maps, searched for the Gruffalo in Forest school and lots more. The children also wrote questions for the Gruffalo, they then took turns to be the Gruffalo and answer the questions, we have to fabulous actors in our class!

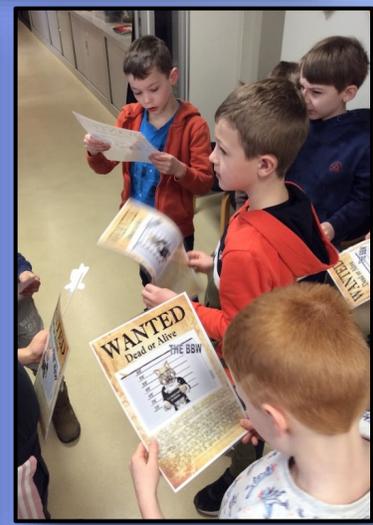
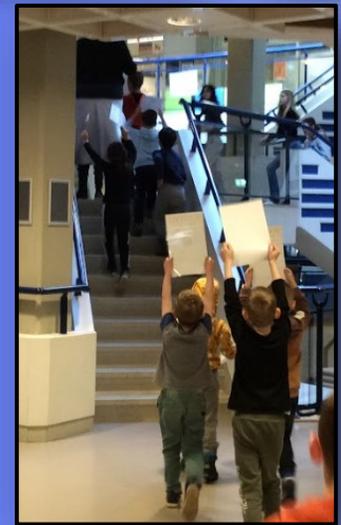
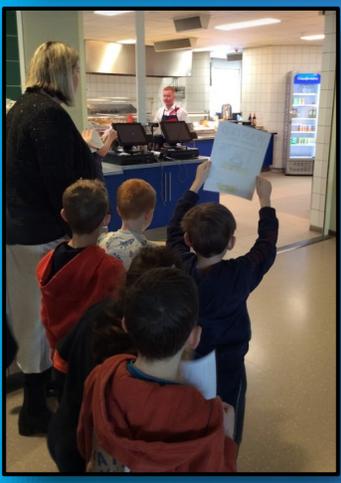
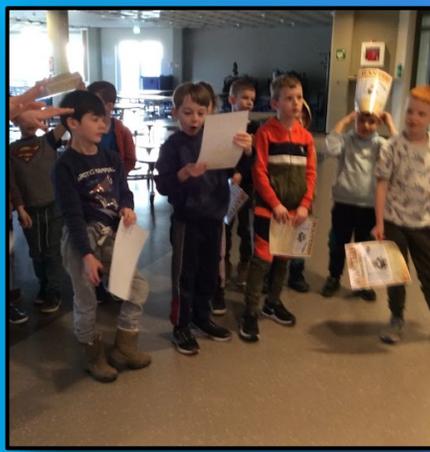


Year 2

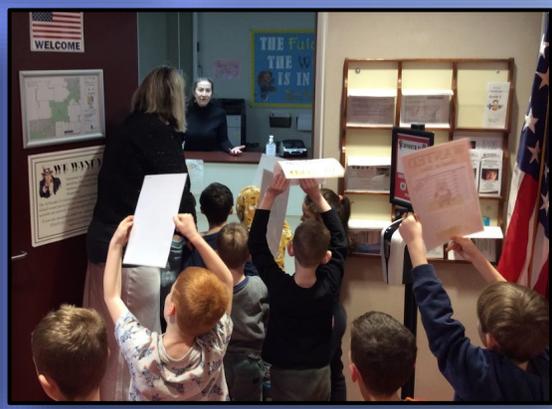
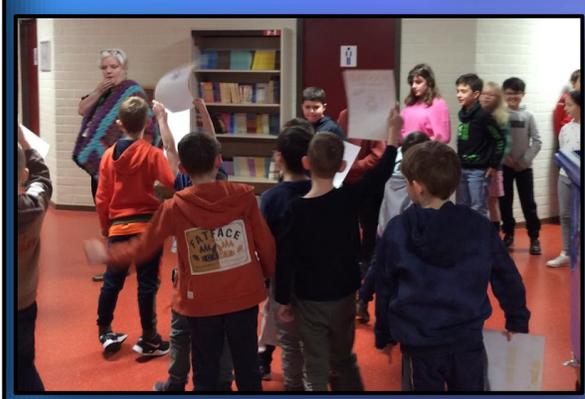
This week we started with a very exciting time in class when a secret message arrived asking for HELP. We have spent the week helping to locate the whereabouts of THE BBW! (The Big Bad Wolf!) We have been busy writing WANTED posters and making WANTED videos to help to identify the whereabouts of THE BBW!

We searched in the forest for him, set up traps, described him in detail and various people have sent us emails with sightings of him around the school. WE WILL FIND HIM!

We went on a Wanted March to find the BBW. We had written descriptions of him that we changed into a video to display around school!



SCAN ME



Year 3

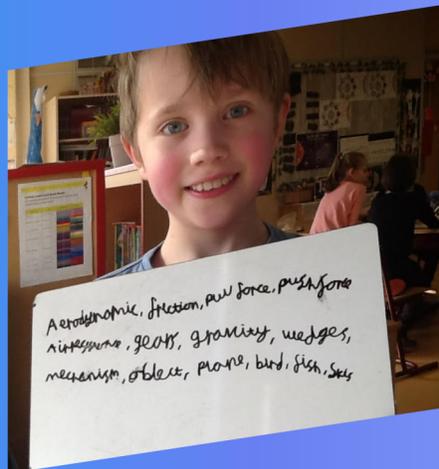
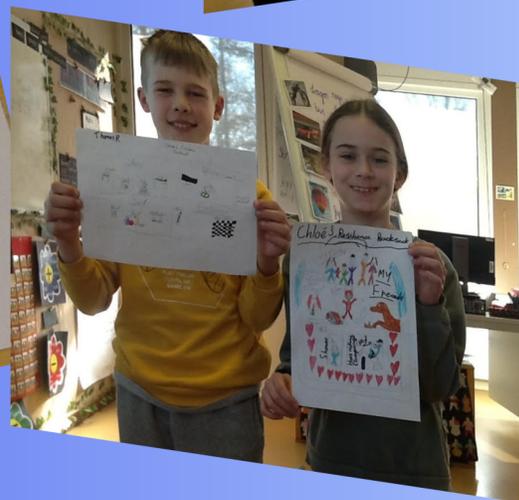
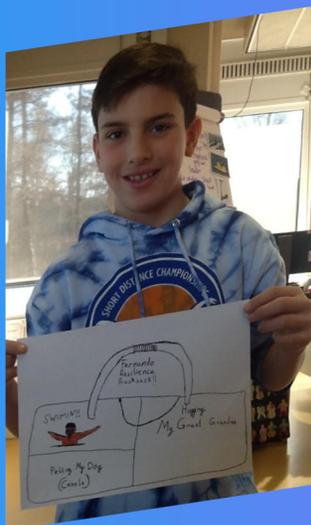
We have had a fabulous start to our new half term - we are all really excited to be learning about rocks in science. There are so many questions we would like to find the answers too. We are planning to learn about how fossils are made, what sorts of rock there are, how volcanoes form... and so much more. In maths we are learning how to work out fractions of amounts following a strategy which uses our multiplication and division skills. In English we have started writing poems called Diamante Poems, they use a range of nouns, verbs and adjectives to form the shape of a diamond.



Year 4-5

In Science this week, we continued investigating 'Forces' and added more scientific vocabulary to our bank of words. We looked at examples of gears, pulleys and levers in everyday life and found out that some mechanisms use a small force to have a greater effect. We created our own gears to consolidate our understanding - a critical thinking challenge and lots of fun!

During our assembly with Dr Philippa, the class found it interesting to learn about the different parts of the brain and their functions. We talked about how we should look after the health of our brain for our well-being and this gave us the opportunity to reflect about what we would put in our own 'Resilience Rucksack' to help us when times were tough.



Year 5-6

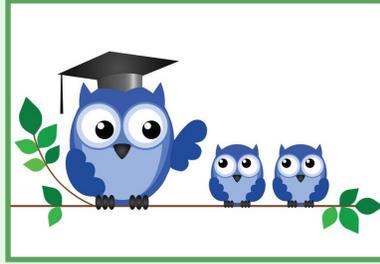
We have been studying the concept of ratio in maths where we have enlarged shapes and compared to see if shapes are 'mathematically' similar. We have deepened our learning with this by making gears in Science.

Finlay's explanation of gears and ratio impressed his teacher, Miss Robertson:

"If we have a ratio of gears with 5:10 picks, when we spin the 10 gear it will spin the 5 gear fast because the ratio for the small picks to the big picks is different by half. The size of the wheel can differ and affect the whole speed and rate at which it goes at."

We attended an assembly by Dr Grace, the school's Educational Psychologist, where she talked about our brains and the need to look after them. She described having a 'rucksack' with things inside to help keep your brain happy and healthy and resilient. This included healthy food, exercise, water, friends and family, thinking ahead, a hug! What else should we include in our 'rucksacks'?





Are you interested in being a...

Supply Classroom Assistant /Lunchtime Supervisor
Supply Teacher

(only open to dependants of British Military/Civilian Personnel)

School Volunteer

(all parents)

For more information please contact Jenny Brown n
jenny.brown@modschoools.org



LUNCH



Week 4 6-3 tm 10-3-2023

MONDAY

Veggie Sausage , Mached Potato , Red Cabbage. (veggie)	1 , 2 , 3 , 4
Pork Sausage & Gravy (pork)	3 , 5
Mached Potato	1
Red Cabbage	3

TUESDAY

Veggie Balls , Baked Potato & Carrot Salad (veggie)	1 , 2 , 3 , 4
Beef Meat Balls with Mushroomsauce (beef)	10 , 3 , 2 , 1
Baked Potato	3
Carrot Salad	

WEDNESDAY

Veggie Stew , Rice , Mixed Vegetables (veggie)	3 , 4 , 1
Chicken Pilaf (sweet sauce with peaches) (chicken)	6 , 3 , 1
Rice with Parsley	3
Mixed Vegetables	

THURSDAY

Soya Bites , Macaroni ,Snack Tomato (veggie)	3 , 4
Beef Stew with Basil & Tomato (beef)	3 , 10
Macaroni pasta	3
Rocket Salad	
Snack Tomato	

FRIDAY

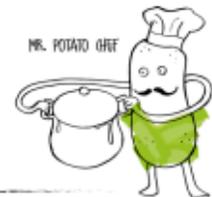
Empanada , Chips Carrots (veggie)	1 , 2 , 3 , 4 , 8
Fish Filet (fish)	2 , 3 , 5 , 7
Fries	
Carrots	
Tartar Sauce	2 , 3

LISTED PRODUCTS AND DISHES CAN CONTAIN TRACES OF ALLERGENS.

- 1 = milk
- 2 = egg
- 3 = gluten
- 4 = soy
- 5 = pork
- 6 = chicken
- 7 = fish
- 8 = sesame
- 9 = peas
- 10 = beef



All meals are nut free



Looking for suggestions for your child's lunchbox...

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

Suitable for parents of children aged 0-11

Date: Starting Monday 6th March for 12 weeks

Face to Face and Online options available. Open to all
EJSU and Sennelager locations

Face to Face: SHAPE House 12:30 - 14:30

Online via Microsoft teams: 14:30 - 16:30

Sessions include: How your child develops; Understanding how your child is feeling; Tuning into what your child needs; Responding to how your child is feeling; Different styles of parenting; Having fun together; The rhythm of interaction; Why is sleep important? Self-regulation and anger; Communication and tuning in and Looking back and looking forwards.

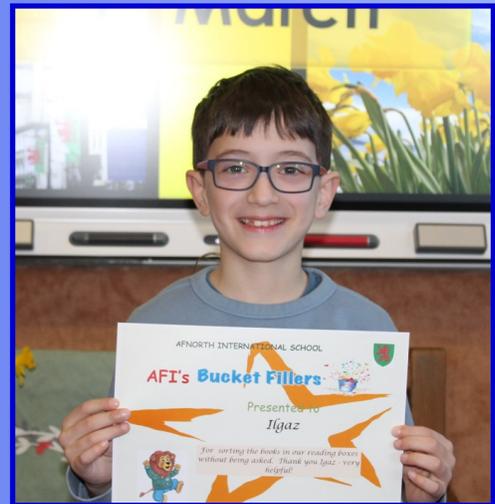
To sign up or for further information please email

Jayne.Cauldwell102@mod.gov.uk

please indicate FtoF or Online

ssafa | the
Armed Forces
charity

Bucket Fillers



AFNORTH Calendar 2022-2023

Autumn Term

August 15 School Opens

September 7 STAFF DAY-NO SCHOOL for Children

September 14 1400 Dismissal

October 17 to October 21 SCHOOL CLOSED

October 24 School Opens

October 26 1400 Dismissal

November 2-4 1230 Dismissals (Parent Conferences)

November 23 STAFF DAY NO SCHOOL for Children

December 23-January 9 SCHOOL CLOSED

Spring Term

January 9 School Opens

January 25 1400 Dismissal

February 20-February 24 SCHOOL CLOSED

February 27 School Opens

March 15 1400 Dismissal

April 3-14 SCHOOL CLOSED

Summer Term

April 17 School Opens

April 27 SCHOOL CLOSED

May 17 1400 Dismissal

May 18 STAFF DAY NO SCHOOL for Children

May 29 SCHOOL CLOSED

June 16 LAST DAY 1230 Dismissal

REMINDERS

Parent Drop Off and Pick Up Times

Reception -Year6

School Day 0900-1530

Drop off from 0845.

Please note there is no supervision prior to this time.

Pick Up at Main Gate

Year 1 1525 Year 2-6 1530

Sunbeams

Session 0900-1200

Drop off from 0855

Pick up at 1200

Location for Drop Off and Pick Up is at the Flagpoles.

During periods of inclement weather please wait inside the main entrance (in the well area under the stairs or when this area is in use please wait outside the British Office). Staff will collect/deliver the children to you. There is no need to sign in

EDC Pick Up 1500 or 1525-Children will be brought to the gate.

Times and locations are according to supervision and to avoid congestion outside of Sunbeams. Thank you for your co-



NO NUTS

We have a number of children with a nut allergy and we therefore ask for no nuts or products containing nuts to be brought into the school. Thank you for your cooperation.

LABEL LABEL LABEL

Please assist us in preventing items being lost or misplaced by labelling your child's belongings e.g. items of clothing, footwear, bags, packed lunch boxes/containers. Please also impress on your child that they should take responsibility for their own items.



WATER BOTTLES



Children are encouraged to bring a filled water bottle to school every day and to keep hydrated during lessons. The children have access to chilled water fountains to top up their bottles. Children should take their bottle home each night to be washed. Cans and bottles of carbonated drinks, including energy drinks, are not permitted in school.

PE SHOES (Y2-Y6)

Please ensure your child has a separate pair of shoes for PE/Gym lessons with Coach Guest. Shoes should have non-marking soles.



END OF THE DAY CHANGES

If you are making changes to your child's routine e.g. Parent Pick Up rather than the bus we request that these changes are sent via email to:

TO: british.office@afnorth-is.com

CC: class teacher

CC: firstname.lastname@afnorth-is.com (teacher)

These changes should be made before 1000

PERSONAL ITEMS

Children should NOT be bringing anything to school other than essential items or requested by the teacher to support their learning. Please ensure unnecessary items do not slip into bags e.g. toys, pokemon cards.